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703.698.5220

Falls Church

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571.358.8846

Leesburg

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Ana Lastra, LPC
570.528.1699
Analastra.com
*Spanish available

Edythe "Dee" Dunn, MA LPC +
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deedunn.com

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703.734.0787
Cwpsych.com

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Barbara Caceres, LCSW
703.242.8223
Barbaracacereslcsw.com

Brittany Estep, LCSW
571.318.8868
Brittanyestepclsw.com

Websites

Postpartum Support Virginia
703.829.7152

postpartumva.org

*Spanish available

Website includes additional resources, support groups, mentorships, and phone/text support.

Postpartum Support International
1.800.944.4773
psidirectory.com