

Kyle Macey PT, DPT
Curriculum Vitae

- **Education**

- California Physical Therapy License #300568
- Doctorate of Physical Therapy, Chapman University, 2021
 - Recipient of Academic Excellence Award
 - Recipient of Excellence in Research Award
- B.A. in Sociology, University of California at Santa Barbara 2014
- St. Francis High School, 2010

- **Specialty Certifications**

- Physical Therapy Board of California
 - Board Certified Clinical Specialist in Orthopedics
- National Strength and Conditioning Association
 - Certified Strength and Conditioning Specialist (ID# 724838324)
- University of California at Santa Barbara
 - Personal Training Certification
 - Sports Management Certification
- Board Certified Specialist in Orthopedics

- **Professional Memberships**

- American Physical Therapy Association (APTA)
- American Heart Association – BLS CPR/AED
- National Strength and Conditioning Association (NSCA)
- California Orthopedic Manual Therapy Special Interest Group (COMPTSIG)
- American Council of Academic Physical Therapy (ACAPT)
 - National Student Honor Society
- American Academy of Sport Physical Therapy (AASPT)
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- **Work History**

- Los Gatos Orthopedic Sports Therapy (LGOST), Aug 2021- Present
 - Staff Physical Therapist
- California Luna Care Physical Therapy, Aug 2022 – Present
- Silicon Valley Fitness – Dec 2021 – 2023
 - Owner
 - Personal Trainer

- President of Saratoga Orthopedic Sports Physical Therapy, pc 2024- Present
- **Professional Contributions**
 - Co-Author of research project “Analyzing Breathing Patterns: A DPT Student Learning Activity During COVID-19 Stay At Home Orders”
- **Presentations**
 - **Youth Baseball Injury Prevention: 2025**
- **Continuing Education Coursework:**

Year	Course	Contact Hours
2019	Instrument Assisted Soft Tissue Mobilization Specialist Level 1	8.0
2020	Instrument Assisted Soft Tissue Mobilization Specialist Level 2	8.0
2020	High Velocity Low Amplitude Mobilization of the Spine	8.0
2021	Scapular Rehab: Science and Skills: An Evidence-based Approach by Mark Albert, M.Ed., PT, A.T., LAT	8.0
2021	Performance Enhancement In Sports Rehabilitation	
2022	PNF: Patterns and Techniques for Orthopedic Rehabilitation by Matthew Miller, PT, DPT, SCS, CSCS, SCCC, IPNFA	7.0
2022	Lumbopelvic Spine Level 1 Course	16.0
2022	Evidence-Informed Assessment And Evaluation of Pain: MEdbridge	2.0
2022	Utilizing ICF Guidelines and Treatment-Based Classification Systems: Medbridge	1.0
2022	Study Strategies for Standardized Physical Therapy Examinations: Medbridge	0.15
2022	Updates in Contemporary Orthopedic Practice: Medbridge	1.25
2022	Cervico-Thoracic Spine Management: Medbridge	2.0
2022	Orofacial Pain: Intro, History, Exam: Medbridge	2.5
2022	Evaluation & Diagnostic Classification of TMD: Medbridge	1.5
2022	Ethics for Physical and Occupational Therapy Professionals: Medbridge	2.0
2022	ICF Best Practice Recommendations: Heel Pain & Plantar Fasciitis: Medbridge	1.0
2022	Foot and Ankle Mechanics: Medbridge	2.0
2022	ICF CPG: Heel Pain & Plantar Fasciitis: Medbridge	1.5
2022	An Intro to Osteoarthritis: Medbridge	1.5
2022	Upper Extremity Osteoarthritis: Medbridge	1.5
2022	Classification Approach to Managing shoulder pain and Dysfunction: Medbridge	2.0
2022	Orthopedic Case Studies of the Lumbar Spine: Medbridge	1.5
2022	Lumbar Guidelines: A Synthesized Outlook and Contextual Factors for Success	0.75
2022	Advanced Spinal Pathology for Physical Therapists: Medbridge	2.0
2022	Hip Osteoarthritis: Medbridge	1.5
2022	Evidence and Interview of the Patient with Osteoarthritis of the	2.0

	Knee: Medbridge	
2022	Examination of the Patient with Knee Osteoarthritis: Medbridge	1.0
2022	Evaluation and Management of Temporomandibular Disorders with Cervical Spine Considerations Steve L Kraus OCS MTC CCTT CODN	10.0
2023	Treatment of the Patient with Knee Osteoarthritis: Medbridge	2.5
2023	Clinically Relevant Meniscus Pathology: Eval and Treatment: Medbridge	2.0
2023	Differential Diagnosis & Conservative Management of Lateral Knee Pain: Medbridge	2.0
2023	Differential Diagnosis & Management of Anterior Knee Pain: Medbridge	2.0
2023	Stability of the Knee: Management of Common Ligamentous Pathology: Medbridge	2.0
2023	Assessment of Muscle Impairments Related to Knee Disorders: Medbridge	1.25
2023	Post Surgical Management Part 1: Basic Principles and Spinal Surgery: Medbridge	2.0
2023	Post Surgical Management Part 2: Upper Extremity Surgical Interventions: Medbridge	2.5
2023	Post Surgical Management Part 3: Lower Extremity Surgical Interventions: Medbridge	2.5
2023	Clinical Reasoning Part 1: Decision-Making Building Blocks:	1.25
2023	Non-Arthritic Hip Pain: Medbridge	1.5
2023	Pediatric Hip Disorders: Medbridge	1.5
2023	Case Studies of the Hip: Osteoarthritis: Medbridge	1.0
2023	Indications for Musculoskeletal Imaging: Medbridge	2.0
2023	Secrets of Mastering the Athletic Low Back Pain Examination: Medbridge	2.0
2023	The Neuroscience of Pain: Medbridge	1.5
2024	Assessing Mechanical Muscle Function, Movement Asymmetries and Performance with Dual Force Plate Systems	2.0
2024	Making sense of asymmetry in Strength and Conditioning	0.2
2024	Athletic Low Back Pain: Secrets for Effective Management and Treatment	1.5
2024	Sports Rehabilitation Update: Reinold	12.5
2024	Recent Advances in The Evidence-Based Evaluation and Treatment of the Shoulder: Reinold	19.5
2024	AASPT Annual Meeting	15.0
2024	Introduction to Spinal Inclinator and Pattern Recognition	7
2025	USC/PBPTS Baseball Medicine Course	4.5
2025	Rehabilitation after BEAR: Key Guidelines for the Physical Therapist	1
2025	Champion Baseball Rehabilitation Specialist	13.5
2025	Clinical Instructor Training	1.7

2025	AASPT Annual Meeting	14.5
2025	What the Tech? Handheld Dynamometry and Force Plates Made Easy for Sports Rehab	8
2025	Orthopedic and Sports Related Shoulder Injuries: An Evidence Based Course Focusing on Examination and Treatment	15