

# Wilson Hsieh, ATC

(408) 805 1806

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## EDUCATION

**State University of New York,  
Stony Brook**

Bachelor of Science

Athletic Training

August 2016 - May 2020

## SKILLS

- Language: Fluent in Mandarin Chinese, conversational in Spanish
- Exceptional communication, leadership, and interpersonal skills
- Collaborates and works effectively with peers
- Prophylactic ankle taping and bracing
- Operation and use of therapeutic modalities
- Familiar with Sports Injury Monitoring System (SIMS) for injury and progress reports

## CERTIFICATIONS AND AWARDS

CPR Certified

November 2023

Iota Tau Alpha - Member

May 2021

Board of Certification Certified

November 2020

Presidential Volunteer Service

Award - Gold

June 2013

## ATHLETIC TRAINING EXPERIENCE

### Head Athletic Trainer

**Los Gatos Orthopedic Sports Therapy**

**Adrian Wilcox High School, Santa Clara, CA**

April 2022 - Present

- Evaluate and manage all athletic injuries during games and practices year round
- Provide first aid, taping, hydration, and immediate sideline care for all sports
- Document new injuries, update rehabilitation notes, and communicate athlete progress to coaches
- Develop and revise various different rehabilitation protocols and progressions to increase strength, flexibility, and range of motion for return to play
- Daily operation and maintenance of athletic training room to ensure a clean and safe facility for athletes

**Lincoln University, Oakland, CA**

September 2021 - May 2022

- Head athletic trainer for the inaugural season of athletics
- Managed and traveled with all in season sports such as football, men's, and women's basketball
- Developed a budget for the prospective athletic training facility
- Provided preventative and rehabilitative care for all athletes with prophylactic bracing, taping, and therapeutic modalities
- Coordinated with all coaches, including NBA Hall of Famer Gary Payton, regarding practice, injuries, and rehabilitation progress

### Athletic Training Student

**Stony Brook University, Stony Brook, NY**

**Women's Softball, Men's Soccer**

January 2020 - March 2020

- Assisted assistant athletic trainer with maintenance, documentation, organization and administration of athletic injuries
- Managed and maintained the rehabilitation and treatment of softball and soccer athletes

**Stony Brook University, Stony Brook, NY**

**Women's Lacrosse, Football**

July 2019 - December 2019

- Assisted associate athletic trainer with monitoring rehabilitation plans and documenting the progress of injured athletes in SIMS
- Utilized therapeutic modalities such as electrical stimulation, ultrasound, and soft tissue massage in the treatment for injured athletes
- Observed Anterior Cruciate Ligament reconstruction surgery and participated in coordinating patients rehabilitation plan

**Longwood High School, Yaphank, NY**

January 2019 - May 2019

- Assisted head athletic trainer with caring for baseball, softball, lacrosse, wrestling, and basketball at the Division I Level
- Monitored and progressed numerous athletic injuries including concussions, ankle, acromioclavicular, and hamstring strains

**West Islip High School, West Islip, NY**

August 2018 - December 2018

- Assisted head athletic trainer with treatment for football, cross country, and volleyball at the Division II Level
- Taped and provided first aid skills in emergency situations
- Participated in therapeutic intervention at Generations Physical Therapy