

Felix J. Takacsi-Nagy

CURRICULUM VITAE

- **Education:**
 - California Physical Therapy License #304286
 - Sports Resident at Los Gatos Orthopedic Sports Therapy, 2023-2024
 - Doctorate of Physical Therapy, Lebanon Valley College, 2023
 - B.S. in Exercise Science, Lebanon Valley College, 2021
 - Los Gatos High School, 2015
- **Specialty Certifications:**
 - National Strength and Conditioning Association
 - Certified Strength and Conditioning Specialist (CSCS #7248497826)
 - American Red Cross
 - Emergency Medical Responder, Dec 2022-Dec 2024
- **Professional Memberships:**
 - American Physical Therapy Association (APTA)
 - National Strength and Conditioning Association (NSCA)
- **Work History:**
 - Los Gatos Orthopedic Sports Therapy (LGOST), July 2023-present
 - Sports Resident
- **Professional Contributions:**
 - Associate editor: Henahan M, Carl R, Fulmer C, Ghuman M. Best Practices in Sports Medicine: AMSSM and AOASM Case Studies. 3rd edition. Healthy Learning, 2024
 - O'Connor Family Practice Sports Medicine Fellowship Program
 - Journal Club Presentations, Oct 2024 & Feb 2024
- **Continuing Education Coursework:**

Date	Course	Contact Hours
2022	University of Delaware + American Red Cross: Emergency Medical Responder with Basic Life Support and Emergency Oxygen	45 hours
2023	Pelvic Girdle: The Crossroad of Human Function by Richard Jackson, PT, OCS	-
2023	What the Tech? HHD and Force Plates Made Easy for Sports Rehab By Vien Vu, PT, DPT, SCS, CSCS	8
2023	Medbridge: Emergency Management of Athletes with Spine and Visceral Injuries	2
2023	Medbridge: Emergency Management of Soft-Tissue Injuries	1.75

2023	Medbridge: Emergency Management of Cardiovascular Conditions	1.5
2023	Medbridge: Exertional Heat Illness: Advanced Analysis of Intrinsic Risk Factors	1.25
2023	Medbridge: Exertional Heat Illness: Advanced Analysis of Extrinsic Risk Factors	1.75
2023	Medbridge: Exertional Sickling in Athletes: Etiology and Recognition	1.5
2023	Medbridge: Exertional Sickling in Athletes: Treatment and Prevention	1.25
2023	Eccentric Exercise Concepts and Updated Shoulder Perspectives: Focused on Scapular Mechanics and Management of Frozen Shoulder Mark Albert, M.Ed., PT, A.T., LAT	14
2023	Medbridge: Pre-Participation Evaluation: Medical and Musculoskeletal	-
2023	Medbridge: Concussion in Sport Part 1: Pathophysiology, Recognition & Management	0.75
2023	Medbridge: Concussion in Sport Part 2: Clinical Evaluation and Return to Play	1
2023	Exercise for the Low Back Patient: Acute to Chronic Don Torrey, PT	14.25
2023	PNF: Patterns and Techniques for Orthopedic Rehabilitation by Matthew Miller, PT, DPT, SCS, CSCS, SCCC, IPNFA	7
2023	The Hip: Assessment of Hip Injuries in Athletes	2
2023	Management and Treatment of Hip Injuries Part A	1.5
2023	Management and Treatment of Hip Injuries Part B	1.5
2023	ACL Masterclass: From Table to Turf by Dr. Yoni Rosenblatt, PT, DPT, OCS, CSCS, USAW	7.5
2024	Pediatric Orthopedics and Sports Medicine Lecture Series: Keeping Elbows Healthy	1
2024	Combined Sections Meeting of the American Physical Therapy Association	18
2024	Medbridge: The Integumentary System in Sports	1.5
2024	Medbridge: Pulmonary Care in Athletes	1.25
2024	Medbridge: The Cardiovascular System and Ancillary Tests for the Sports Therapist	2

2024	Medbridge: Infectious Disease for the Sports Therapist	1.5
2024	Medbridge: Abdominal and Genitourinary Injuries for the Sports Therapist	1
2024	Medbridge: Pharmacology in Sport Part 1: NSAIDs and Pain Medications	1
2024	Medbridge: Pharmacology in Sport Part 2: Asthma, Antidepressants, and Skin Infection	1.25
2024	Medbridge: Imaging for Upper Quarter Sports Injuries	2
2024	Medbridge: Basic Musculoskeletal Radiology and Imaging	4
2024	Medbridge: Imaging for Lower Quarter Injuries	1.25
2024	Medbridge: Evidence-based Treatment of the Foot and Ankle: An Update	1.25
2024	Medbridge: Evidence-based Examination of the Foot and Ankle: An Update	1.5
2024	Medbridge: Creating an Evidence based Practice	2.25
2024	Medbridge: Foot and Ankle Mechanics	2
2024	Medbridge: ICF Best Practice Recommendations: Lateral Ankle Sprain Interventions	-
2024	Medbridge: ICF Clinical Practice Guidelines Update: Lateral Ankle Sprains	1.5
2024	Medbridge: ICF Best Practice Recommendations: Heel Pain & Plantar Fasciitis	1
2024	Medbridge: ICF Clinical Practice Guidelines: Heel Pain & Plantar Fasciitis	1.5
2024	Medbridge: Nutrition in Sports	2.75
2024	Medbridge: Strength and Conditioning in Sports	2.5
2024	Medbridge: The Female Athlete Triad	3.25
2024	Hip & Knee Online: Complex Understanding for Simple Solutions by Erik Meira, PT, DPT, SCS	15

- **Volunteer:**

Date	Course
2023	San Jose Sharks Development Camp (7/3)
2023	Chidobe Awuzie Good Fight Camp (7/15)
2023	Los Gatos High School Pre-Participation Physicals (7/17)
2023	West Valley College Pre-Participation Physicals (8/9)

2023-2024	San Jose State University Men's Soccer Medical Observer (8/19, 9/4, 4/13, 4/28)
2023-2024	San Jose State University Women's Soccer Medical Observer (9/24, 10/8)
2023	San Jose State University Men's Ice Hockey Physicals (9/16)
2023	Santa Clara High School Football Medical Observer (8/25, 9/15, 9/29, 10/6, 10/13, 10/20, 10/28, 11/3)
2023	Wilcox High School Football Medical Observer (9/8, 9/21)
2023	MacDonald High School Football Medical Observer (8/31)
2023	San Jose State University Football Medical Observer (9/3, 9/9, 9/22, 11/11, 11/18)
2023-2024	San Jose State University Men's Ice Hockey Medical Coverage (9/17, 1/20, 2/4)
2024	Surgical Observation with Dr. Dillingham (1/16)
2024	San Jose State University Women's Tennis Medical Observer (1/27, 3/17)
2024	Bay Area Panthers (IFL) Pre-Participation Physicals (3/5)
2024	San Jose State University Men's Basketball Medical Observer (3/6)
2024	San Jose State University Gymnastics Medical Observer (3/10)

- **Personal Interests:**

- Hobbies: weightlifting, playing ice hockey, reading, listening to podcasts, watching sports, hanging out with friends