

Kyle Macey PT, DPT
Curriculum Vitae

- **Education**

- California Physical Therapy License #300568
- Doctorate of Physical Therapy, Chapman University, 2021
 - Recipient of Academic Excellence Award
 - Recipient of Excellence in Research Award
- B.A. in Sociology, University of California at Santa Barbara 2014
- St. Francis High School, 2010

- **Specialty Certifications**

- Physical Therapy Board of California
 - Board Certified Clinical Specialist in Orthopedics
- National Strength and Conditioning Association
 - Certified Strength and Conditioning Specialist (ID# 724838324)
- University of California at Santa Barbara
 - Personal Training Certification
 - Sports Management Certification
- Board Certified Specialist in Orthopedics

- **Professional Memberships**

- American Physical Therapy Association (APTA)
- American Heart Association – BLS CPR/AED
- National Strength and Conditioning Association (NSCA)
- California Orthopedic Manual Therapy Special Interest Group (COMPTSIG)
- American Council of Academic Physical Therapy (ACAPT)
 - National Student Honor Society
- American Academy of Sport Physical Therapy (AASPT)

- **Work History**

- Los Gatos Orthopedic Sports Therapy (LGOST), Aug 2021- Present
 - Staff Physical Therapist
- California Luna Care Physical Therapy, Aug 2022 – Present
- Silicon Valley Fitness – Dec 2021 – Present
 - Owner
 - Personal Trainer

- President of Saratoga Orthopedic Sports Physical Therapy, pc 2024- Present
- **Professional Contributions**
 - Co-Author of research project “Analyzing Breathing Patterns: A DPT Student Learning Activity During COVID-19 Stay At Home Orders”
- **Continuing Education Coursework:**

Year	Course	Contact Hours
2019	Instrument Assisted Soft Tissue Mobilization Specialist Level 1	8.0
2020	Instrument Assisted Soft Tissue Mobilization Specialist Level 2	8.0
2020	High Velocity Low Amplitude Mobilization of the Spine	8.0
2021	Scapular Rehab: Science and Skills: An Evidence-based Approach by Mark Albert, M.Ed., PT, A.T., LAT	8.0
2021	Performance Enhancement In Sports Rehabilitation	
2022	PNF: Patterns and Techniques for Orthopedic Rehabilitation by Matthew Miller, PT, DPT, SCS, CSCS, SCCC, IPNFA	7.0
2022	Lumbopelvic Spine Level 1 Course	16.0
2022	Evidence-Informed Assessment And Evaluation of Pain: MEdbridge	2.0
2022	Utilizing ICF Guidelines and Treatment-Based Classification Systems: Medbridge	1.0
2022	Study Strategies for Standardized Physical Therapy Examinations: Medbridge	0.15
2022	Updates in Contemporary Orthopedic Practice: Medbridge	1.25
2022	Cervico-Thoracic Spine Management: Medbridge	2.0
2022	Orofacial Pain: Intro, History, Exam: Medbridge	2.5
2022	Evaluation & Diagnostic Classification of TMD: Medbridge	1.5
2022	Ethics for Physical and Occupational Therapy Professionals: Medbridge	2.0
2022	ICF Best Practice Recommendations: Heel Pain & Plantar Fasciitis: Medbridge	1.0
2022	Foot and Ankle Mechanics: Medbridge	2.0
2022	ICF CPG: Heel Pain & Plantar Fasciitis: Medbridge	1.5
2022	An Intro to Osteoarthritis: Medbridge	1.5
2022	Upper Extremity Osteoarthritis: Medbridge	1.5
2022	Classification Approach to Managing shoulder pain and Dysfunction: Medbridge	2.0
2022	Orthopedic Case Studies of the Lumbar Spine: Medbridge	1.5
2022	Lumbar Guidelines: A Synthesized Outlook and Contextual Factors for Success	0.75
2022	Advanced Spinal Pathology for Physical Therapists: Medbridge	2.0
2022	Hip Osteoarthritis: Medbridge	1.5
2022	Evidence and Interview of the Patient with Osteoarthritis of the Knee: Medbridge	2.0
2022	Examination of the Patient with Knee Osteoarthritis: Medbridge	1.0

2022	Evaluation and Management of Temporomandibular Disorders with Cervical Spine Considerations Steve L Kraus OCS MTC CCTT CODN	10.0
2023	Treatment of the Patient with Knee Osteoarthritis: Medbridge	2.5
2023	Clinically Relevant Meniscus Pathology: Eval and Treatment: Medbridge	2.0
2023	Differential Diagnosis & Conservative Management of Lateral Knee Pain: Medbridge	2.0
2023	Differential Diagnosis & Management of Anterior Knee Pain: Medbridge	2.0
2023	Stability of the Knee: Management of Common Ligamentous Pathology: Medbridge	2.0
2023	Assessment of Muscle Impairments Related to Knee Disorders: Medbridge	1.25
2023	Post Surgical Management Part 1: Basic Principles and Spinal Surgery: Medbridge	2.0
2023	Post Surgical Management Part 2: Upper Extremity Surgical Interventions: Medbridge	2.5
2023	Post Surgical Management Part 3: Lower Extremity Surgical Interventions: Medbridge	2.5
2023	Clinical Reasoning Part 1: Decision-Making Building Blocks:	1.25
2023	Non-Arthritic Hip Pain: Medbridge	1.5
2023	Pediatric Hip Disorders: Medbridge	1.5
2023	Case Studies of the Hip: Osteoarthritis: Medbridge	1.0
2023	Indications for Musculoskeletal Imaging: Medbridge	2.0
2023	Secrets of Mastering the Athletic Low Back Pain Examination: Medbridge	2.0
2023	The Neuroscience of Pain: Medbridge	1.5
2024	Assessing Mechanical Muscle Function, Movement Asymmetries and Performance with Dual Force Plate Systems	2.0
2024	Making sense of asymmetry in Strength and Conditioning	0.2