

Breanne Brett

Curriculum Vitae

- Education
 - California Physical Therapy License: #299584
 - Doctorate of Physical Therapy, California State University, Sacramento, 2020
 - B.S. in Kinesiology, Emphasis: Exercise Science, Sonoma State University, 2017
 - Franklin High School, 2013
- Specialty Certifications:
 - National Strength and Conditioning Association
 - Certified Strength and Conditioning Specialist (CSCS #7248269055)
 - American Red Cross-BLS/AED/CPR
- Professional Memberships
 - American Physical Therapy Association (APTA)
 - California Physical Therapy Association (CPTA)
 - National Strength and Conditioning Association (NSCA)
- Work History
 - Lost Gatos Orthopedic Sports Therapy (LGOST), Sept 2023 - Present
 - Staff Physical Therapist
 - Rebound Rehabilitation Physical Therapy, Oct 2021 - Aug 2023
 - Staff Physical Therapist
 - Burger Physical Therapy, Dec 2020 - Oct 2021
 - Staff Physical Therapist
 - Healing Arts Physical Therapy, Apr 2020 - June 2020
 - Physical Therapy Student Intern
 - Park View Post-Acute Rehabilitation Center, Jan 2020 - Mar 2020
 - Physical Therapy Student Intern
 - Orland Physical Therapy May 2019 – Aug 2019
 - Physical Therapy Student Intern
- Publications/Research Posters
 - Outpatient Physical Therapy for a Patient with Knee Plica Syndrome, 2020
 - <https://scholars.csus.edu/esploro/outputs/doctoral/Outpatient-physical-therapy-for-a-patient/99257830881901671>
 - Use of Clinical Questioning for Diagnosis and Management of a Patient with an Unfamiliar Diagnosis by a Physical Therapy Student in a Pro Bono Direct Access Setting, Research Poster 2019

- Continuing Education Coursework

| Date | Course | Contact Hours |
|------|--|---------------|
| 2019 | APTA Combined Sections Meeting | - |
| 2019 | CPTA Tri-State Conference | - |
| 2020 | Rocktape: Rockblades | 6 |
| 2020 | Rocktape: FMT Mobility Specialist | 6 |
| 2020 | Is it Really Back Pain? A Case-based Approach to Differential Diagnosis and Medical Screening (APTA) | 2 |
| 2020 | Movement System Musculoskeletal Diagnoses of Lumbar Spine and Shoulder (APTA) | 2 |
| 2021 | APTA Combined Sections Meeting (Virtual) | 13 |
| 2021 | Current Concepts in Knee Rehabilitation (Medbridge) | 2 |
| 2022 | RunSafe: Stride Mechanics and Running Overuse Injuries | 2 |
| 2022 | Evaluating and Treating Concussions in the Adolescent Athlete (Medbridge) | 1 |
| 2022 | Kime Physical Therapy: Hands on Strategies for Manual Therapy | 8 |
| 2022 | Evidence-Based Examination of the Hip: An Update (Medbridge) | 1.5 |
| 2023 | Rocktape: FMT Basic Taping | 6 |
| 2023 | Ethics for Physical and Occupational Therapy Professionals (2023) (Medbridge) | 2 |
| 2023 | Athletic Low Back Pain: Secrets for Effective Management and Treatment (Medbridge) | 1.5 |
| 2023 | Proprioception Neuromuscular Facilitation: Patterns and Techniques for Orthopedic Rehabilitation | 7 |
| 2023 | The Athlete Movement System: Spine (Medbridge) | 3.25 |
| 2023 | The Athlete Movement System: Upper Quarter (Medbridge) | 3.5 |

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| 2023 | The Movement System: Advanced Running Assessment and Treatment (Medbridge) | 2.25 |
| 2023 | The Athlete Movement System: Speed, Power, and Agility (Medbridge) | 1.25 |
| 2023 | The Athlete Movement System: Lower Quarter (Medbridge) | 3.25 |
| 2023 | Erik Meira: Hip and Knee Complex Understanding for Simple Solutions | 15 |
| 2023 | What Every Clinician Should Know About ACL Injury and Treatment (Medbridge) | 1.75 |
| 2023 | Secrets of Mastering the Athletic Low Back Pain Examination (Medbridge) | 2 |
| 2023 | The Hip: Assessment of Hip Injuries in Athletes | 2 |
| 2024 | Foundations of Blood Flow Restriction Training | 1.25 |
| 2024 | Evaluation and Treatment of the Adolescent Dancer | 1.25 |
| 2024 | Guillain-Barre Syndrome: A Primer for Clinicians | 0.75 |

- Personal
 - Hobbies: Running, golf, snowboarding, softball, basketball, soccer, hiking, watching sports, attending plays, Indianapolis Colts football fan