



Kristine E. Nakaji, PT, MPT, PCS

knakaji@lgost.com

Co-Owner and director of the pediatric division Kids' Perspective Physical Therapy,
a proud member of Los Gatos Orthopedic SportsTherapy / Pro Performance Therapy Group

Kris is a certified specialist in pediatric physical therapy and has practiced physical therapy for 26 years. She has the pleasure of working with children with neurological and orthopedic challenges in both the outpatient and school settings. Her passion is to empower children to be their best and believe in themselves. Kris helps to fulfill this passion by providing an awareness program called *It Takes All of Us* which is appropriate for elementary-high school students.

Education:

- California Physical Therapy License, 1998
- Master's Degree in Physical Therapy, California State University, Fresno, 1998
- Bachelor's Degree in Physical Therapy, California State University, Fresno, 1996
- DeSoto High School graduate, Wisconsin, 1986

Specialty Certifications:

- ABPTS Board Certified Specialist in Pediatric Physical Therapy, 2016-Present
- General Movement Assessment Certified Evaluation, 2018
- Gross Motor Function Measure Certified Evaluation, 2001
- BLS provider, American Heart Association

Work History:

- Los Gatos Orthopedic Sports Therapy, Los Gatos, CA, 2002-Present
 - Co-owner & Director of pediatric division of company, Kids' Perspective Physical Therapy
- California Children's Services, San Jose, CA, pediatric physical therapist, 1999-2002
- Preferred Physical Therapy, San Jose, CA, on-call physical therapist, 2000-2001
- Good Samaritan Hospital, San Jose, CA, staff physical therapist, 1998-1999

Honors of Service

- Pediatric Certified Specialist MOSC Study Group Organizer, 2023-2024
- Pediatric Journal Club Advisor, American Physical Therapy Association (APTA), 2016-2022
- Northern California State Representative, Academy of Pediatrics, APTA, 2016-2019
- Early Intervention Special Interest Group member, 2004-Present
- School-Based Physical Therapy Special Interest Group member, 2004-Present
- Academy of Pediatric Physical Therapy member, 2002-Present
- California Pediatric Therapy Association member, 1999-Present
- American Physical Therapy Association member, 1999-Present

Teaching Affiliations:

- Baby Moves, New parent baby development group, 2017-2020

- Black Forest Forum for Musculoskeletal Interactions presenter, Combination of Whole-Body Vibration and Body Weight Supported Treadmill Training, Germany, 2017
- It Takes All of Us, a DisAbility Awareness Program, elementary, middle, high school and school faculty levels, 1999-Present

Volunteer Passions:

- Board member & bocce tournament play director, to promote athletic training and safety for local school athletes, Los Gatos Orthopedic Sports Foundation, 2017-Present
- Horse rider support, to promote physical and psychological improvement of children through therapeutic horseback riding, One Step Closer, Morgan Hill, CA, 2001-2002
- Career Day presenter, to inspire young students to pursue a service career, Castellero Middle School, 2016-2019
- Body Mechanics for Elderly Caregivers, to educate caregivers on helping others safely, Yu-Ai-Kai Japanese Care Center, 2001 & Alzheimer's Senior Center, 2004

Research:

- Combination of Whole-Body Vibration and Body Weight Supported Treadmill Training: Three Case Studies. Kristine Nakaji, 2017
- Lymphedema Life Issues Scale. Kristine Englerth (Nakaji), Wendy Franklin, Macy Sui, 1998 Masters' Research, California State University, Fresno

Personal Information, Kris loves:

- Hanging out with her husband and two children
- Walking the family dogs
- Swimming in the ocean
- Dancing in the rain
- Doing anything that makes her heart race

Recent Courses:

Advancing Recovery After Pediatric SCI: 15 Years of Research, Translation to Clinical Practice, and Back

Date: 02/15/24

All Grown up Facilitating the Transition From Pediatric to Adult Care

Date: 02/15/24

Extracorporeal Shockwave in Physical Therapy

Date: 02/15/24

Jane Sweeney Neonatology Lectureship - Infants With Complex Congenital Heart Disease: Neurodevelopmental Care and Follow-up Priorities

Date: 02/16/24

Using the Body to Change the Mind: Strategies for Autonomic Nervous System Re-Regulation

Date: 02/16/24

Anne Shumway-Cook Lectureship: Learning and Relearning Human Movement

Date: 02/16/24

It's About Time Tips and Tricks to Efficiently and Effectively Use Evidence to Improve Practice

Date: 02/17/24

Unbreakable Spirit: Current Strategies for Therapy Management of Osteogenesis Imperfecta

Date: 02/17/24

Autism and Obesity: Physical Therapy's Role in Combatting Childhood Weight Challenges in Schools, Clinics, and Communities

Date: 02/17/24