

**Kevin M. McClenahan**

## **CURRICULUM VITAE**

- **Education:**
  - California Physical Therapy License #26663
  - D.P.T. in Physical Therapy University of Southern California , 2001
  - B.S. in Biology Cal Poly State University, SLO , 1994
  - St. Francis High School, 1989
- **Specialty certifications:**
  - American Board of Physical Therapy Specialties
  - Board Certified Orthopedic Clinical Specialist (OCS #9697)
- **Sponsorships/Affiliations:**
  - APTA member 1998-present
  - Cal-Hi Sports 2011-12 Season
  - THE KAM FOUNDATION 2009-present
    - Founding member
  - Orthopedic Section Special Interest Group 2005-present
  - Sports Section SIG 2010-present
  - CCAPTA 2001-present
  - LGOST FOUNDATION 2017-present
    - Treasurer
- **Speaking engagements:**
  - West Valley College Sports Medicine: April 11, 2012  
Topic: Sports medicine club symposium
  - Imperial Valley Business Expo: 2003-2007  
Topic: What is Physical Therapy?
  - Imperial Valley Regional Center: May 2, 2005  
Topic: How to treat back pain
  - Costco-El Centro, CA 2/1/2002  
Topic: How to lift safely

### **Volunteering/Community activity**

- Avon Breast Cancer SF 2 day walk participant- July 2010
- Avon Breast Cancer SF 2 day walk participant- July 2008
- Avon Breast Cancer SF 2 day walk participant-July 2005

**Continuing Education Coursework:**

<b><u>DATE</u></b>	<b><u>Seminar/Course Title</u></b>	<b><u>Contact Hours</u></b>
<b>2000</b>	APTA combined sections meeting	21.5
<b>2002</b>		
2/22-24	Richard Jackson: The Pelvic Girdle	20
6/8-9	Neural Tissue Tension: An integrated Australian Approach	14
6/14-16	Dr Jay Sandweiss,D.O.: Myofascial release, strain-counter strain, and muscle energy	21
10/18-20	MT-2: Basic Spinal; Maitland approach	21
12/6-8	MT-1: Basic Peripheral; Maitland approach	21
<b>2003</b>		
9/26-28	MT-3: Intermediate Spinal; Maitland approach	21
<b>2004</b>		
March	CPR certification	4
3/20-22	San Francisco Giants Spring training Sports medicine/internship	20
5/22-23	Advanced Concept in Exam/treatment of The shoulder complex	16
6/12-13	Mulligan concept-NAGS, SNAGS	13
<b>2005</b>		

1/14-16	23 <sup>rd</sup> annual Injuries in Baseball Course	26
1/28-30	MT-4: Differential assessment and clinical Reasoning	29
3/10	Orthopedic Clinical Specialist exam-American Board of Physical Therapy Specialties	passed
<b>2006</b>		
March	CPR certification	4
11/4-5	Exam, Diagnosis, and Interventions for Patients with lumbar instability: an evidence Based approach	15
<b>2008</b>		
March	CPR certification	4
May	Medical Screening for the PT: Orthopedic Section APTA	30
<b>2009</b>		
4/25-26	Diagnosis and Treatment of Upper and Lower Quadrants	13
5/9	Doctors Demystify Upper Extremity Nerves For OT's and PT's	6
<b>2010</b>		
March	CPR certification	4
August	Joint Arthroplasty: Advances in Surgical management and Rehabilitation	30
12/1	SOAR: Hand and wrist webinar	.1

12/2-4	Sports Physical Therapy Section's Team Concept Conference	18.5
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**2011**

Jan 2	California Ethics and Professional Responsibility	2
1/15-16	Evidence Based Examination and Treatment of the Sports/Orthopedic Knee and Patellofemoral joint	15
5/14-15	Training the patient with Low Back Dysfunction	15
9/24-25	Current Perspectives in Orthopedic Sports Rehab	15
12/1-3	2011 Team Concept Conference/Sports Physical Therapy Section of the APTA	18.5
12/20	CPR certification	4

**2012**

1/14-15	Orthopedic and Sports Related Shoulder Injuries: An evidence-based course focusing on Exam and Treatment	13.5
8/17	Functional Movement Screen	8
8/25-26	Back to Golf	15
9/8-9	Clinical Concepts in Knee Rehabilitation	12.5

**2013**

4/27-28	Clinical Concepts in Shoulder Rehabilitation	13
10/12-13	Clinical Perspectives in Orthopedic Rehab	13
12/5-7	2013 Team Concept Conference/Sports Physical Therapy Section of the APTA	18.5
Nov	CPR Certification	4

**2014**

3/1-2	Vestibular Basics for the everyday Clinician	13
6/7	SI joint made easy	6
6/14	7 <sup>th</sup> annual UCSF sports injury and rehab conference	7
9/27-28	Evidenced Based Manipulative Techniques for the Spine and Extremities	16
12/4	Legal and Ethical Practice of PT in California	2

**2015****Orthopedic Clinical Specialist Re-certification      passed**

4/25	Clinical Examination of the Runner for injury and Performance	6.5
8/4	Golf Injuries: Prevention and Management  Independent Study Course	15
10/24-25	Advances in Examination and Treatment of patients With Selected Musculoskeletal Conditions	14.75
Nov	CPR Certification	4

**2016**

1/29-31	ASMI: 34 <sup>th</sup> annual injuries in Baseball course	19.5
2/17-20	CSM	19.0
3/4-5	USA Rugby Sports Medicine Symposium	7.6
10/1-2	Evaluation and Treatment of the Foot and Ankle	15
12/5	Legal and ethical practices of PT in CA	2

**2017**

4/29-30	Clinical Concepts in knee and shoulder rehabilitation	14.25
7/29-30	Orthopedic Examination: From Science to Practice	12

9/16	Clinical Evaluation and Treatment of Common Patello Femoral problems: an algorithmic-evidence based Approach	6.75
10/21-22	Foundations of Evaluation and Intervention for the Lumbar Spine	16.0
Nov	CPR Certification	4
11/30-12/2	2017 Team Concept Conference/Sports Physical Therapy Section of the APTA	19
<b>2018</b>		
4/14-15	Foundations of Evaluation and Intervention for the Ankle/Foot complex	16
11/29-12/1	2018 Team Concept Conference	19
<b>2019</b>		
1/8/19	California Physical Therapy Ethics, Laws, and Regulations	2
1/31/19	Boditrak Certified study of ground mechanics in golf	
3/30-31	Foundation of Evaluation and Intervention for the ankle/foot complex	16
11/30-12-2	2019 Team Concept Conference	19
Dec	CPR certification	4
<b>2020</b>		
6/13/20	Pharmacology and Cannabis	6
11/14-15	Orthopedic and Sports Related Shoulder and elbow Injuries: An Evidence-Based course focusing on Examination	14.5

## and Treatment

12/3-5	2020 Team Concept Conference	19
12/6	Legal and Ethical Practice of PT in California	2
<b>2021</b>		
1/21	Legal and ethical practices of PT in CA	2
2/21	CSM	19
<b>2022</b>		
<b>2/22</b>	Scapular Rehab: Science and Skills: An Evidence-based approach	8
3/22	Paul Gough business meeting (3 days)	
6/22	PERFORMANCE ENHANCEMENT IN SPORTS REHABILITATION	8
7/22	Tony Robbins: Unleash to Power Within (4 days)	
10/22	Paul Gough: Private Practice Marketer (3 days)	
10/22	Cash Flow Tactics: Rise Up Live Real estate mastermind meeting	
<b>2023</b>		
1/2023	Legal and ethical practices of PT in CA	2
1/11-15	Tony Robbins: Business Mastery I (5 days)	
8/5-6	Eccentric Exercise Concepts and Updated Shoulder Perspectives: Focus on Scapular Mechanics and Management of Frozen Shoulder	14
10/19-22	Paul Gough: Private Practice Marketer	
11/4-5	Don Torrey: Exercises for the low back patient: acute to chronic	14.25
11/16	TPI Level 1 Certification	1
<b>2024</b>		
	Achilles Tendon Rupture and Tendinopathy: Considerations For the Athlete	.2

**Hobbies:**

San Francisco Giants season ticket holder, going to 49er/USC football games, playing golf, training and participating in triathlons, participating in yoga/crossfit, travelling, family gatherings, cooking, music, investing, real estate, business mastermind groups, reading, Professional/personal development

**Family:**

Married 2013

Son (2014)

Daughter (2016)