



Fall 2026 Programs

Everything HoopsStrength is running this fall — by grade band, with direct registration links. Plus a first look at December.

The per-session figure is what the package works out to — not a separate price.

Single-session drop-ins are available. If you'd rather take the whole package, come to the first session first — if it isn't right for your child, tell us and we'll refund it in full.

Every player gets an evaluation from their trainer at the end of the program — where they're strong, where they aren't yet, and what to work on next.

FALL PROGRAMS — SEPTEMBER THROUGH NOVEMBER

Kindergarten – 2nd Grade

Learn it in September, do it faster in October, use it in a live game in November. The three classes are designed to be taken in order, and the set runs a few times a year, so you can start whenever your child is ready. Future Stars is the league that runs alongside them — a child can do both in the same month.

- **Intro to Hoops - K-1st Grade (Coed)*** · Thursdays 5:00-6:00pm · Sept 10, 17, 24 · 3 sessions · \$105 package (\$35/session) · \$45 drop-in · [Register Here](#)
- **Fundamentals & Fun - K-1st Grade (Coed)*** · Thursdays 5:00-6:00pm · Oct 1, 8, 15, 22, 29 · 5 sessions · \$175 package (\$35/session) · \$45 drop-in · [Register Here](#)
- **Rookie Skills and Game Thrills - K-1st Grade (Coed)** · Thursdays 5:00-6:00pm · Nov 5, 12, 19 · 3 sessions · \$105 package (\$35/session) · \$45 drop-in · [Register Here](#)
- **Future Stars - K-2nd Grade (Coed)** · Sundays 9:00-10:00am
 - **September** · Sept 13, 20, 27 · 3 sessions · \$115 package (\$39/session) · \$45 drop-in · [Register Here](#)
 - **October** · Oct 4, 11, 18, 25 · 4 sessions · \$150 package (\$38/session) · \$45 drop-in · [Register Here](#)
 - **November** · Nov 1, 8, 15, 22 · 4 sessions · \$150 package (\$38/session) · \$45 drop-in · [Register Here](#)

* Second graders new to basketball are welcome.

3rd – 4th Grade

Play a real season in September and October — the last two weeks are skills competitions and a mini tournament. Then in November, just as GRAB and town ball start, a month on putting the ball in the basket.

- **Just Play League** · 7 sessions · \$241 package (\$35/session) · \$45 drop-in
 - **3rd Grade (Boys)** · Fridays 5:30-7:00pm · Sept 18, 25 · Oct 2, 9, 16, 23, 30 · [Register Here](#)
 - **4th Grade (Boys)** · Fridays 5:30-7:00pm · Sept 18, 25 · Oct 2, 9, 16, 23, 30 · [Register Here](#)
 - **3-4th Grade (Girls)** · Saturdays 9:00-10:30am · Sept 12, 19, 26 · Oct 3, 10, 17, 24 · [Register Here](#)
- **Becoming a Scorer - 3-4th Grade (Coed)** · Saturdays 9:00-10:00am · Nov 7, 14, 21 · 3 sessions · \$81 package (\$27/session) · \$35 drop-in · [Register Here](#)



5th – 6th Grade

Read the game in September, sharpen everything in October, play it in November. One arc into the GRAB season — each month stands alone, and together they are the whole preparation.

- **Preseason Prep: Skills & Scoring Scenarios - 5-6th Grade** · Tuesdays 5:00-6:00pm · Sept 15, 22, 29 · 3 sessions · \$81 package (\$27/session) · \$35 drop-in
 - **Boys** · [Register Here](#)
 - **Girls** · [Register Here](#)
- **Complete Tune-Up - 5-6th Grade** · Tuesdays 5:00-6:30pm · Oct 6, 13, 20, 27 · 4 sessions · \$162 package (\$41/session) · \$55 drop-in
 - **Boys** · [Register Here](#)
 - **Girls** · [Register Here](#)
- **Just Play - 5-6th Grade** · Tuesdays 5:00-6:30pm · Nov 3, 10, 17, 24 · 4 sessions · \$142 package (\$36/session) · \$45 drop-in
 - **Boys** · [Register Here](#)
 - **Girls** · [Register Here](#)

Modified & Freshman

Build the whole offensive game in September, narrow it to how your child scores in October, put it together in November. One arc into tryouts the week after Thanksgiving — each month stands alone, and they compound if you do all three.

- **Preseason Prep: Complete Player - Modified & Freshman (Coed)** · Tuesdays 6:00-7:00pm · Sept 15, 22, 29 · 3 sessions · \$105 package (\$35/session) · \$45 drop-in · [Register Here](#)

Run by Steve White. Played professional basketball. Head coach who took his HS team to back-to-back Section V Finals in his first two seasons. Currently assistant coach at Monroe Community College. Three Tuesday nights building the whole offensive game — handle, footwork, finishes at every angle, and scoring from three levels. If you did Complete Guard Play last year, this is the same program under a clearer name.

- **Preseason Prep: Three Levels of Scoring - Modified & Freshman (Coed)** · Tuesdays 6:00-7:00pm · Oct 6, 13, 20, 27 · 4 sessions · \$108 package (\$27/session) · \$35 drop-in · [Register Here](#)
- **Preseason Prep: Final Tune-Up - Modified & Freshman** · Tuesdays & Thursdays 6:30-8:00pm · Nov 3, 5, 10, 12, 17, 19 · 6 sessions · \$243 package (\$41/session) · \$55 drop-in
 - **Boys** · [Register Here](#)
 - **Girls** · [Register Here](#)

The one program on the fall slate that runs twice a week. Six sessions across three weeks — Tuesdays and Thursdays, 90 minutes each, nine hours in total — with the last one landing the week before tryouts. Everything a coach evaluates in the first twenty minutes of a tryout, drilled to the point where your child does not have to think about it: handle under pressure, finishing through contact, and a shot that holds together when they are tired. Boys and girls train separately.



JV

Get to the rim in September, create a shot when there isn't one in October, score from all three levels in November. One arc into mid-November tryouts — each month stands alone, and they compound if you do all three. The JV Fall League is the other route to the same tryout: seven weeks of live play instead of three of skill work.

- **Preseason Prep: Handle & Finishing - JV** · Thursdays 5:00-6:30pm · Sept 10, 17, 24 · 3 sessions · \$158 package (\$53/session) · \$70 drop-in
 - **Boys** · [Register Here](#)
 - **Girls** · [Register Here](#)
- **Preseason Prep: Creating Your Own Shot - JV** · Thursdays 5:00-6:30pm · Oct 1, 8, 15, 22, 29 · 5 sessions · \$263 package (\$53/session) · \$70 drop-in
 - **Boys** · [Register Here](#)
 - **Girls** · [Register Here](#)
- **Preseason Prep: Three Levels of Scoring - JV** · Thursdays 5:00-6:30pm · Nov 5, 12, 19 · 3 sessions · \$158 package (\$53/session) · \$70 drop-in
 - **Boys** · [Register Here](#)
 - **Girls** · [Register Here](#)
- **JV Fall League + Training** · 7 sessions · \$241 package (\$35/session) · \$45 drop-in
 - **Boys** · Mondays 7:30-9:00pm · Sept 14, 21, 28 · Oct 5, 12, 19, 26 · [Register Here](#)
 - **Girls** · Wednesdays 7:30-9:00pm · Sept 16, 23, 30 · Oct 7, 14, 21, 28 · [Register Here](#)

Varsity

Finish through contact in September, get your own shot against a defense that's reading you in October, score from everywhere in November. One arc into mid-November tryouts — each month stands alone, and they compound if you do all three.

- **Preseason Prep: Handle & Finishing - Varsity** · Fridays 7:00-8:30pm · Sept 11, 18, 25 · 3 sessions · \$158 package (\$53/session) · \$70 drop-in
 - **Boys** · [Register Here](#)
 - **Girls** · [Register Here](#)
- **Preseason Prep: Creating Your Own Shot - Varsity** · Fridays 7:00-8:30pm · Oct 2, 9, 16, 23, 30 · 5 sessions · \$263 package (\$53/session) · \$70 drop-in
 - **Boys** · [Register Here](#)
 - **Girls** · [Register Here](#)
- **Preseason Prep: Five Levels of Scoring - Varsity** · Fridays 7:00-8:30pm · Nov 6, 13, 20 · 3 sessions · \$158 package (\$53/session) · \$70 drop-in
 - **Boys** · [Register Here](#)
 - **Girls** · [Register Here](#)

Looking for something smaller and more tailored than the JV and Varsity programs above? Email Dan Schaffer. We'll talk through where your child is and get them into the right small-group setting.