K-6th Grade Upcoming Events.



WORKOUTS FOR HIGH SCHOOL/COLLEGE/MALES/FEMALES STRENGTH - SPEED - AGILITY - SKILLWORK www. Hoopsstrength.com

ALL GIRLS 5/6[™] JUST PLAY + TRAINING

APR- MAY

APR 19TH -MAY 17TH 9:30-11:00am Saturday mornings, join us for a 30-minute skill development session followed by two 20minute games. Come as a 1x drop-in or join the entire league!



INTRO TO HOOPS

Kindergarten-2nd grade, Mondays 5:00-6:00p. A fantastic program for beginners to focus on the basics of basketball with fun drills.

APR-MAY

APR 14TH-MAY 12TH

3RD/4TH GRADE JUST PLAY + TRAINING

Boys and girls 3/4th grade. Mondays 6:00-7:30p. Skill-based training followed by TWO full-court shuffle format games. Sign up as a 1x drop-in or join the entire league.

APR-MAY

APR 19TH-MAY 17TH

ALL GIRLS 3RD/4TH GRADE JUST PLAY LEAGUE + TRAINING

3/4th grade, Saturdays 11a-12:30. Skill-based training followed by TWO fullcourt shuffle format games. Sign up as a 1x drop-in or join the entire league!

SCAN THE QR CODE TO DOWNLOAD THE HOOPSSTRENGTH APP



- 1. Download the app.
- 2. Select "More" at the bottom right to create an account.
- 3. Once account is made click "More" to sign waiver.
- 4. Click "Book now" on bottom left to explore events, leagues, and trainings.

Questions? Email Dan Schaffer General Operations Manager dschaffer@hoopsstrength.com