



stages of life design

Senior Downsizing & Move Transition Support

Guiding you through life's changes with clarity, respect and care.



You Don't Have to Do This Alone

Moving later in life can feel overwhelming—not just because of the move, but what it represents.

A home holds memories, milestones, and meaning.

At Stages of Life Design, I help seniors and families transition into a simpler, safer, more manageable living space.

I support moves to:

- Smaller homes or condos
- Independent or assisted living
- Homes closer to family



My Services

Personalized Downsizing Plan

A clear, step-by-step plan tailored to your timeline.

Sorting & Decision Support

Guidance on what to keep, gift, donate, sell, or discard.

New Home Set-Up

I arrange your new space to feel comfortable and familiar from day one.



amanda hatcher

I provide clients with the highest possible level of service. Creating a home that supports your independence, comfort, and personal style while honouring the memories of your previous space.





For Families

Supporting a loved one can feel overwhelming. I provide structure and hands-on help so you can focus on what matters most.

Our Approach

I work at your pace, listen carefully, and respect emotional attachments. My goal is to reduce stress and decision fatigue.

This is more than organizing—it's a life transition service.

Consultation

In-home consultation: \$299 + GST

Includes:

- Home walk-through
- Personalized downsizing strategy
- Timeline Planning
- Clear next steps



See what my clients say



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Contact Stages of Life Design
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www.stagesoflifedesign.ca

“Helping you move forward with peace of mind.”