



## stages of life design

### Senior Downsizing & Move Transition Support

*Guiding you through life's changes with clarity, respect and care.*



### You Don't Have to Do This Alone

Moving later in life can feel overwhelming—not just because of the move, but what it represents.

A home holds memories, milestones, and meaning.

At Stages of Life Design, we help seniors and families transition into a simpler, safer, more manageable living space.

#### We support moves to:

- Smaller homes or condos
- Independent or assisted living
- Homes closer to family



### Our Services

#### Personalized Downsizing Plan

A clear, step-by-step plan tailored to your timeline.

#### Sorting & Decision Support

Guidance on what to keep, gift, donate, sell, or discard.

#### New Home Set-Up

We arrange your new space to feel comfortable and familiar from day one.



amanda hatcher

*I provide clients with the highest possible level of service. Creating a home that supports your independence, comfort, and personal style while honouring the memories of your previous space.*





## For Families

Supporting a loved one can feel overwhelming. We provide structure and hands-on help so you can focus on what matters most.

## Our Approach

We work at your pace, listen carefully, and respect emotional attachments. Our goal is to reduce stress and decision fatigue.

This is more than organizing—it's a life transition service.

## Consultation

**In-home consultation: \$299 + GST**

Includes:

- Home walk-through
- Personalized downsizing strategy
- Timeline Planning
- Clear next steps



See what our clients say



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**Contact Stages of Life Design  
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*“Helping you move forward with peace of mind.”*