## *Dry Eye Evaluation*

## *Pre-testing Instructions*

Because the diagnostic testing preformed during your

Dry Eye Evaluation and/or follow up visit is sensitive testing instruments, please diligently follow the instructions below:

1. Do not put your contact lens in your eyes the day of your dry eye evaluation. They may be inserted after the testing is completed.
2. Do not use ointments or gels around your eyes the evening prior to your dry eye evaluation. Do not use any Vaseline or oily cleansers to remove any eye makeup.
3. Do not use any lubricating drops on the day of your testing,
4. Do not use ANY prescriptions eye drops (i.e. glaucoma drops) less than two hours prior to testing.
5. Do not rub or touch your eyes two hours prior to testing.
6. Do not apply eye creams, facial cream, mascara or sunscreen prior to the testing.