# cover-page of following fax.

TRANSMISSION VERIFICATION REPORT

TIME : 12/08/2009 17:07 NAME : ANCHORIN FAX : 13062054161

FAX : 13062054161 SER.# : BROH7F780304

DATE,TIME FAX NO./NAME DURATION PAGE(S) RESULT MODE 12/08 17:05 5434533 00:01:47 03 0K S.FINE ECM

file: Charkne

1

### **URGENT & STRICTLY CONFIDENTIAL**

FACSIMILE: (306)-766-6944 time: 5:50p.m. 3 pages in total page with this page as cover.

Child & Youth Services

Regina, SK

Tel: (306)-766-6700

Attention to: Dr. (copy sent by facsimile to Dr. Natarajan)

Re: Your Client Charlene Marie Dobson

Dear Dr

I wish to inform you of Charlene's ongoing troubles with memories, anxiety and panic. Please note that Charlene:

- just this past Saturday afternoon Charlene complained that she felt very hot burning all over her body, yet she knew she was cool and told me she thought she was remembering being spun around in the dryer and that when she got out she was very hot and dizzy and feeling very scared. She told me this memory when she was 6 and/or 7 years of age, but never brought it up again until now.
- also complained of the tops of her ears being red hot, particularly her left ear and they were very painful. She described them as feeling like they were being pierced and she thinks they put needles in them. Early on when we got Charlene, she spoke of needles and their hurting her with needles, but never told me about putting them in the tops of her ears.
- that this past Saturday afternoon, became hysterical thinking she was going to be sick to her stomach. She told me "I am terrified of being sick I know throwing-up is a good thing to help your body when you're sick but I think that if I throw-up you will die." She told me that she was not afraid to die but terrified of my dying. This was also a new revelation re: the throwing-up and my dying. I told her that this was a lie and even if I did die, it would have nothing to do with the lie they told her as a little girl. She said she knows that in her head but she still has this reaction.
- was seen in emergency this Saturday evening by a psychiatric intern who took from her, an in-depth history, and concluded as you did, that she suffers from residual effects of PTSD. He further added that she is suffering from a panic disorder and that it needs to be treated

### **URGENT & STRICTLY CONFIDENTIAL**

FACSIMILE: (306)-766-6944 time: 5:50p.m. 3 pages in total page with this page as cover.

#### Child & Youth Services

Regina, SK

Tel: (306)-766-6700

This is what should have been what was important to this Child Psychiatrist - but it was not.

Attention to: Dr. copy sent by facsimile to Dr. Re: Your Client Charlene Marie Dobson

## Dr Haque:

n to inform you of Charlene's ongoing troubles with memories, anxiety and panic.

- just this past Saturday afternoon Charlene complained that she felt very hot burning all over her body, yet she knew she was cool and told me she thought she was remembering being spun around in the dryer and that when she got out she was very hot and dizzy and feeling very scared. She told me this memory when she was 6 and/or 7 years of age, but never brought it up again until now.
- also complained of the tops of her ears being red hot, particularly her left ear and they were very painful. She described them as feeling like they were being pierced and she thinks they put needles in them. Early on when we got Charlene, she spoke of needles and their hurting her with needles, but never told me about putting them in the tops of her ears.
- that this past Saturday afternoon, became hysterical thinking she was going to be sick to her stomach. She told me "I am terrified of being sick I know throwing-up is a good thing to help your body when you're sick but I think that if I throw-up you will die." She told me that she was not afraid to die but terrified of my dying. This was also a new revelation re: the throwing-up and my dying. I told her that this was a lie and even if I did die, it would have nothing to do with the lie they told her as a little girl. She said she knows that in her head but she still has this reaction.
- > I called Dr. s office Saturday p.m. when she was in such a state but they said go back to Dr. hospital.
- was seen in emergency this Saturday evening by a psychiatric intern who took from her, an in-depth history, and concluded as you did, that she suffers from residual effects of PTSD. He further added that she is suffering from a panic disorder and that it needs to be treated (with medication also).
- did not see Dr. Gbinigie, the psychiatrist on call, as it was first suggested that Charlene be admitted again to hospital for a few days, so she could engage with another Child Psychiatrist who could get a clear clinical profile of her.
- upon being told that this was the plan, became highly anxious and resistant, saying she would not and could not stay in hospital and broke down crying, indicating that this will only make things worse for me.
- Anyway, the clinical picture is clear from the hospital record in 2008, only that she has deteriorated re: Panic Disorder and requires some medication particularly at night as she was only able to stay in school last week a total of 3 hours.
- > has more coping strategies not to hurt or harm herself as was the case in Sept. 2008, and can be treated as an out-patient, which is in her best interests considering her state.
- Was prescribed by Dr. Gbinigie, Zoplocone 20 mg. at h.s. for Sat. & Sun. and is out of that now. Last night had interrupted sleep (being out of Zoplocone and Dr. Matand refusing to prescribe for her psychiatric needs, and unable to contact Dr. Gbinigie, she went without.

After this you contacted Dr. Matand [a week ago], voicing your concerns to him, stating that one of the conditions of your seeing Charlene again was that you wanted to see her 'one-on-one' without the grandmother present.

There was mention of your not liking the fact that I had not taken your offer of your counseling services for Charlene through Child & Youth Services and you further mentioned something about my business of professional counseling. You also felt that I was talking too much about her past trauma, which interfered with her recovery.

Dr. Matand told you the urgency to see her, at least the next day and you indicated that you would have your office call me the next day [last Wednesday, December 02<sup>nd</sup>] to setup an appointment for this past Monday, Dec. 07<sup>th</sup> as you had more time then. That never occurred!

Although I was 'taken aback' at your admitting to purposely not getting back to me or Dr. Matand because of the above, I continued 'to leave the door open' a crack until Friday evening, to see if you would do as promised. The door is now shut.

You interacted with Charlene 'one-on-one' whenever you wished and could have taken as long as you wished and as often as you wished. You always invited my husband and I in to your office (or Dr. Faulkenberg's the first time), and we left you to be on a 'one-on-one' with Charlene when asked.

As you and I discussed at the very beginning of your agreeing to see Charlene as an out-patient after attending to her in the hospital [September, 2008], that I was not going to have counseling services through Child & Youth.

I relayed to you that even securing your services could pose a Conflict of Interest for Charlene and I as we had a substantial lawsuit against the SK. Gov't and certain others, one being Dr. Ivanochko who was contracted with Child & Youth. You reassured me that her file would not be shared and knew all along that Charlene receives psychological counseling from Laurel Phillips (reg. psychologist) whom she sees again this Friday.

You provided us a letter of support to try to find a suitable psychotherapist which deals with ritual abuse trauma and programming. The facts as you see them are very convoluted and without merit.

Therefore, since you have failed to be forthright, purposely ignored our pleas for your help and taken the above stance, we consider that you have abandoned services to Charlene and she, as we do also, have no further confidence in your continuing to act for her, in her best interests and jointly request that you close her file, transferring it to a female Child Psychiatrist within Child & Youth Services.

Please place this letter on her file upon closing it and please have your office contact me on an urgent basis to have Charlene's treatment put in place.

Thank-you in anticipation of your attending to my request.

Yours truly,

cc. Dr. 📖

tel: 775-2688 fax: 543-4633 - 3 pages sent

file