

BEFORE SURGERY INSTRUCTIONS

We are looking forward to seeing you for your appointment.
Please review the below information to prepare for your procedure.



- ✓ **Pick up** all your prescriptions in advance.
 - All prescriptions will be sent **electronically**, directly to your pharmacy, **on the day** you set your surgery appointment. Be sure to **pick them up** within a week to ensure you have them in time for surgery. You may want to call the pharmacy before picking them up to ensure they are ready.
 - Please follow **all instructions** on the prescription bottles.
 - **You are receiving prescriptions for:**
 - Antibiotic: Amoxicillin/Clindamycin
 - Pain Reliever: Ibuprofen
 - Mouth Rinse: Peridex/Chlorhexidine
 - Anti-Inflammatory: Medrol



- ✓ **Minimize** makeup and jewelry.
 - Little to no makeup will promote a cleaner surgical environment, especially around the mouth.
 - Little to no facial or ear jewelry.

ONLY IF RECEIVING SEDATION:

ORAL SEDATION: Ativan (Lorazepam), Halcion (Triazolam), or an alternative sedative

- ✓ **Arrange a ride** to and from your appointment, you cannot drive for 24 hours.
- ✓ **Arrange for assistance** at home after, sedation medication may make you dizzy, increases risk of falling, and affect your depth perception.

INTRAVENOUS SEDATION (IV SEDATION):

- ✓ **DO NOT** eat or drink for **8 hours** prior to your arrival time. Be sure to **hydrate well** during the whole day prior to surgery, up to the 8 hour fasting period.
- ✓ **DO** take all your prescribed **medications**, with as little water as possible, at their normal time including any narcotics and anti-anxiety medications.
- ✓ **Dress** comfortably with loose clothing. Make sure your **shirt/top** is loose enough for the anesthesiologist to place monitors on your chest/side and an IV catheter in your arm.
- ✓ **Arrange a ride** to and from your appointment, you cannot drive for 24 hours.
 - Your driver must **arrive** in office with you and must return at least **30 minute** prior to the end of your appointment to receive post-operative instructions and help you to the car.
 - In case of an emergency, it is **strongly recommended** that your driver stay for the entire duration of the appointment.
- ✓ **Arrange for assistance** at home after, sedation medication may make you dizzy, increases risk of falling, and feel foggy afterward.
- ✓ **Diabetic Patients:**
 - **DO NOT** take your regular insulin.
 - You may take any of your oral medications.
 - If you have an afternoon appointment, you may drink a liquid-only breakfast **6 hours** prior to arrival.