



2680 S VAL VISTA DR STE 125 / GILBERT, AZ 85295
480.553.9909 WWW.COPPERCANYONDENTALAZ.COM

Filling Post Operative Instructions

Refrain from eating at least 2 hours and until the anesthesia has worn off.

Sensitivity:

Sensitivity, especially to cold, is common for a time following treatment. For the first few days avoid extremely hot or cold foods and beverages. It is normal to have discomfort in the gums around the tooth after the anesthesia wears off due to the procedure.

If your gums are tender, rinse with warm salt water, dissolving $\frac{1}{2}$ teaspoon of salt in an 8 oz. glass of warm water. An analgesic such as Tylenol or Advil will help to increase your comfort.

The New Filling:

After the placement of your new restoration, it may take a few days to get used to it. If your bite feels unbalanced, please be sure to call our office for an appointment for a simple adjustment.