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baseballsoftballtrainingCTS



@crossthe seams

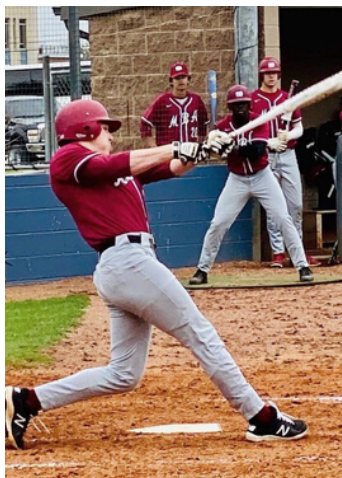
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Cross The Seams Baseball & Softball



BASEBALL
SOFTBALL
TRAINING

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THE SYSTEM

Cross The Seams Training is a spiritual, physical & technical system to help develop & enhance the baseball & softball experience for each & every player, regardless of skill level. The goal is to teach a consistent systematic approach to help each player progress to a higher level. CTS is about the system, not the instructor. We put the focus on each player's personal growth. Our mission is to teach the "why" & not the "why not". CTS expects each player to progress, learning to make the necessary adjustments on their own.

**ON-ON-ONE, GROUP & TEAM
TRAINING AVAILABLE!!**

TRAINING

Each week scheduled players/teams will participate in progressive training sessions with a qualified instructor.

All CTS Instructors go through systems training annually to stay current with new and improved methods, programs and curriculum.

During training sessions, hitting, fielding and throwing skills will be taught. Pitching, catching, base running and position play instruction is also available upon request.



CTS HERITAGE



(Pictured L to R)

Blake Doyle, Orioles/Reds
Brian Doyle, Yankees
Jake Doyle, Father
Denny Doyle, Red Sox



BASEBALL & SOFTBALL TRAINING

**PROSHOP & HOMEWORK APP
NOW AVAILABLE!**
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WE ARE GROWING! INTERESTED IN BECOMING A CTS INSTRUCTOR? CONTACT US.