

Shewy's

Fitness & Athletics

Our gym is more than just a place to work out; it's a community of like-minded individuals committed to achieving their fitness goals.

WHAT WE OFFER

- Personal Training/Team Training
- Massage Therapy
- 24/7 Access
- Boxing Fitness
- Tanning
- Track
- Synthetic Ice (Shooting & Skating)
- Training Court (Basketball & Volleyball)
- 120ft Turf
- Nutrition Counseling



START YOUR FITNESS JOURNEY TODAY!

1 YEAR MEMBERSHIP
\$439 +TAX

LOCATION

130-1260 8th Avenue, Regina, SK

CONTACT

shewy.fitness@outlook.com
www.shewyfitness.ca

