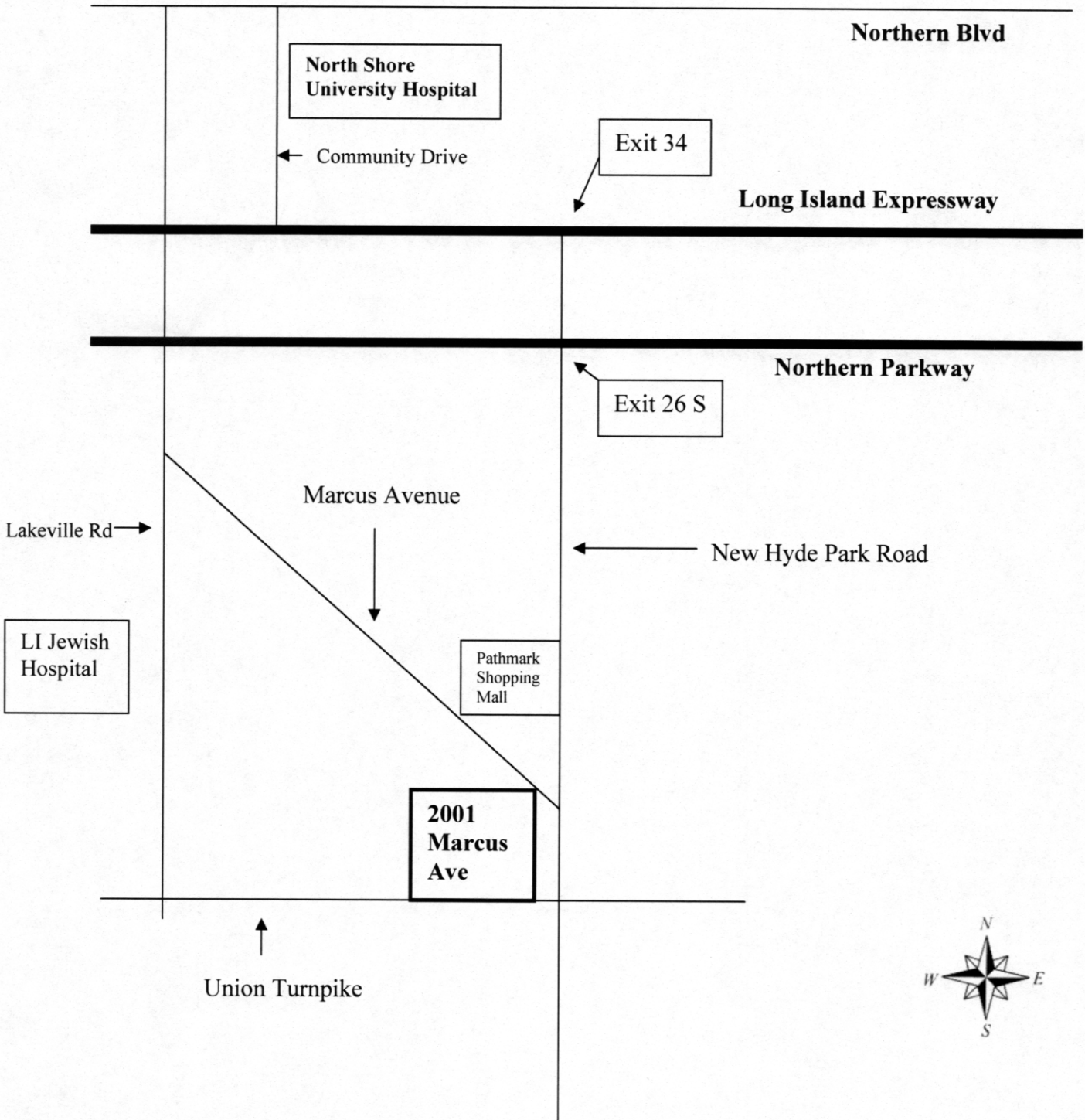


North Shore University Hospital
(Main Entrance # 3) 300 Community Drive
Manhasset, NY 11030
(LEVITT BUILDING)
4th Floor Endoscopy Suite
(516) 562-0100



ENDOSCOPY DEPARTMENT

Dear Patient,

Welcome and thank you for choosing North Shore University Hospital to have your endoscopic procedure. In addition to the instructions you received from your doctor, we are giving you the following information to help you plan and get ready for your procedure. Please take a moment to review this information and contact your doctor or our endoscopy department with any questions or concerns.

Before your endoscopy procedure

- Have a list of your medicines to bring the day of your procedure.
- It is important for you to contact your doctor **before** your Procedure to discuss your medicines.
- You may need to stop or change medicines that you take for:
 - Diabetes
 - Arthritis
 - Heart conditions
 - Other medical conditions
- If you are taking a blood-thinner, you may need to stop taking it before your procedure. It is very important that you review this with your doctor.
 - Examples of blood thinners include: warfarin (Coumadin), rivaroxaban (Xarelto), apixaban (Eliquis), and dabigatran (Pradaxa).
- If you have an implanted heart device, such as a pacemaker or a defibrillator, please bring the identification card and any related paperwork given to you from your doctor. It is very important that you bring this information with you, otherwise your Endoscopy procedure may get cancelled.
- If you are having anesthesia, you cannot eat or drink anything after midnight except for:
 - Your bowel preparation (if that was part of your instructions)
 - Sips of water with the medicines you were instructed to take
- Make arrangements for a responsible adult to bring you home after your procedure. You cannot drive yourself home. A cab or car service cannot be taken unless you are accompanied with a responsible adult.

The Day of your Endoscopy Procedure

- Dress in loose comfortable clothing.
- It is best to leave jewelry, money, or other valuables at home.
- It is okay for you to wear dentures and eyeglasses.
- Do not use contact lenses on day of procedure.
- If you use hearing aids, please wear them.
- Enter the hospital from Community Drive using entrance number 3 (three) and go to the patient and visitor parking garage.
- Please bring the garage parking ticket with you so we can validate it and you will not have to pay for parking.
- Enter the hospital through the Monti entrance and follow the signs for the Levitt elevators.
- The Endoscopy Unit is located on the fourth floor, Levitt.
- If you are being dropped off (while the driver parks the car), use entrance number 1 (one) from Community Drive, and follow signs to the Levitt elevators.
- If you need a wheelchair, use entrance number 3 (three) from Community Drive, and go to the traffic circle entrance on the left in front of the hospital. Check with security and get a wheelchair.
- Once you are at the endoscopy procedure area, you will be greeted by our staff.
- Before your procedure, the nurse needs to speak with the responsible adult who will drive you or be with you in a cab/car service for your ride home after your procedure.
- You will be given a locker to secure your belongings.
- Those with you are welcome to wait in our visitor waiting room in the Endoscopy Unit.

We hope you find this information useful and we look forward to helping you through your procedure. If you have any questions, please feel free to call us at: 516-562-4988.

Sincerely,
The Endoscopy Staff