



NEWSLETTER



PARTNERSHIPS THAT MAKE A DIFFERENCE



We're grateful to the **Navicent Health Foundation** for supporting Macon Volunteer Clinic through its employee-Funded **Heat Grant**! This generous funding is helping us expand access to important services for our patients, including **diagnostic laboratory testing and dental care**.

For many of the working uninsured patients we serve, the cost of diagnostic testing and dental care can be a significant barrier. This grant helps MVC remove some of those barriers and provide patients with more of the care they need to stay healthy.

The HEAT Grant provides **\$10,000 toward diagnostic testing and \$10,000 toward our dental program**, helping us continue to grow the services we're able to offer right here at MVC.

We're thankful to the Navicent Health Foundation for investing in the health of our community and helping us provide **more complete care for our patients**.

A FRESH WAVE OF HEALTH EDUCATION IS COMING!

Our health education classes are back with a **fresh new lineup of topics!** We're excited to continue partnering with **Piedmont Macon** to bring knowledgeable speakers, providers, and staff to MVC for conversations designed to help our patients better understand and take charge of their health.

This next round brings **new topics and new opportunities to learn**—and we can't wait to get started! Our first class of the new series kicks off in September, with more conversations continuing throughout the fall.

COMING UP:

September 24, 2026 | Thursday

11:00 AM

Men's Health Matters

Learn about the importance of men's health and how regular screenings can help you stay ahead of potential health concerns. Blood pressure screenings will be available.

October 5, 2026 | Monday

5:15 PM

Mammos, Menopause, and Women's Health

Let's talk women's health! Learn about mammograms, menopause, and important steps you can take to protect your health at every stage of life.

FOLLOWED BY:

November

Mastering your Medications, Supplements, and Vitamins: Tips from a Pharmacist

December

Understanding Grief and Depression

January (2027)

How to Thrive with a New Diabetes Diagnosis

February (2027)

Matters of the Heart - Prevention and Wellness

March (2027)

Small Swaps, Big Impact - Simple Nutrition Upgrades

April (2027)

Managing Joint Pain

May (2027)

Calming the Mind: Strategies for Managing Anxiety

June (2027)

Navigating Cancer: Detection, Prevention, and Support

We're grateful to Piedmont Macon for continuing to partner with us and share their expertise with our patients. **We hope you'll join us for this exciting new series!**

Keep an eye on our Facebook page! Individual events for each class will be posted soon with all the details, so you can easily keep track of what's coming up and when.

All health education classes are hosted at Macon Volunteer Clinic (770 Walnut St.).

12 UNITS, COUNTLESS LIVES IMPACTED



This summer, the need for blood donations was especially important. **The American Red Cross reported that summer blood donations had reached a four-year low**, making community blood drives more critical than ever.

We're proud to say that our MVC community showed up! At our most recent blood drive in August, we had a fantastic turnout and collected **12 units of blood** to be distributed to patients in need.

Every donation has the potential to make a difference for someone facing an emergency, undergoing treatment, or in need of lifesaving care. We're incredibly grateful to everyone who rolled up their sleeves and gave the gift of life.

Thank you for showing up for our community when it mattered most!

CALLED TO SERVE: TENNIS & PICKLEBALL MIXERS

Get ready to serve, rally, and support the Macon Volunteer Clinic! Our upcoming Called to Serve Tennis & Pickleball Mixers are bringing our community together for a fun day of friendly competition, fellowship, and support for MVC.

Whether you're a seasoned player or just looking for a fun way to support MVC, we'd love to have you join us!

MONDAY, OCTOBER 5, 2026

IDLE HOUR COUNTRY CLUB

251 IDLE HOUR DR. MACON, GA 31210

WOMEN'S TENNIS CHECK-IN: 8:30AM

COED PICKLEBALL CHECK-IN: 5:30PM

REGISTER TO PLAY



\$75
one sport

\$125
Both Sports

BECOME A SPONSOR



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(478)755-1110 EXT. 227

MEET THE NEW FACES AROUND MVC

WELCOME, TY! OUR NEW MFT INTERN



We're excited to welcome **Ty Battle** to the Macon Volunteer Clinic team as our newest therapy intern!

Ty is currently attending **Mercer University's School of Medicine**, where he is pursuing his master's degree in **Marriage and Family Therapy**. Before joining Mercer, Ty worked with the **Department of Family and Children Services**, providing mental health services to parents, children, and families.

His approach to therapy is rooted in **systemic thinking, innovation, and compassion**—values that align beautifully with MVC's commitment to caring for the whole person.

Ty is excited to be volunteering with MVC and providing therapy services to our patients while continuing to grow his clinical experience. We're so glad to have him as part of the MVC family and look forward to the difference he'll make in the lives of our patients!



Olivia Woodall
Volunteer



Makaila Fosu
Clinical Operations Intern
Wesleyan College



Arya Prajapati
Volunteer



Deanna Fdoul
Volunteer



Kaylie Sorrel
Volunteer



Anika Kommareddy
Volunteer



Aparna Ganesan
Volunteer

Macon Volunteer Clinic is seeking specialty physicians to volunteer their time and expertise to help expand our services and reach more underserved patients. We urgently need **Gastroenterologists, Urologists, Gynecologists, Cardiologists, Orthopedists, Optometrists, and other specialists.**

Your involvement can profoundly impact the health and well-being of community members who lack access to specialized medical services. Whether you can commit to regular shifts or occasional clinic sessions, your contribution will help us ensure healthcare for all.

If you or someone you know is a specialty provider, please join us in this important endeavor. Together, we can make a meaningful difference.

To learn more about volunteering, please contact Macon Volunteer Clinic at 478.755.1110.