



2022

*Healthcare with Heart*

# ABOUT US

Macon Volunteer Clinic began when retired physician **Chapin Henley** gathered a group of diverse volunteers together in fall 2001. They shared a dream to open a free clinic that would provide a medical home for working, uninsured residents of Bibb County. Group leaders visited the Hilton Head Volunteers in Medicine Clinic and other facilities in the Southeast. The research trips confirmed their initial beliefs, that a volunteer clinic was a crucial component in closing some of the healthcare gaps facing the Bibb County community.

A generous grant from **McNeil Laboratories** and the **Robert Wood Johnson Foundation** funded training from the Volunteers in Medicine Institute. **Coliseum Health System** donated a rent-free building on Rogers Avenue, and the **Community Foundation of**

**Central Georgia** financed the site's renovation. The MedCen Community Health Foundation (now **Navicent Health Foundation**) supported research, promotion, and fundraising efforts to get the clinic started. **The Peyton Anderson Foundation** generously funded start-up costs ensuring the clinic's first year of success.

Local businesses and individuals joined the effort and donated numerous items and services to help make the Macon Volunteer Clinic a reality. Volunteers spoke to civic groups and churches, as well as corporations and foundations, further increasing support. As a result of this community-wide effort, Macon Volunteer Clinic was incorporated in 2002, received its 501(c)(3) status the same year, and opened its doors February 2003.



*Healthcare with Heart*

Executive Director: Nancy White  
Medical Director: Dr. Matt Astin

(478) 755-1110 • Fax (478) 259-6353  
376 Rogers Avenue • Macon, GA 31204



[maconvolunteerclinic.org](http://maconvolunteerclinic.org)

Macon Volunteer Clinic is a local 501(c)(3) organization.

## Our Partners

**Atrium Health Navicent Rehabilitation Hospital**  
**Central Georgia Technical College**  
**Georgia Charitable Care Network**  
**LabCorp**  
**National Association of Free Clinics**  
**OrthoGeorgia**  
**Piedmont Macon**  
**United Way of Central Georgia**

*Georgia continues to have one of the highest uninsured rates in the country. Those without insurance often choose to go without healthcare in order to pay for everyday needs.*

**Macon Volunteer Clinic provides free primary medical and dental care to uninsured working adults in Bibb and Twiggs counties, Georgia, whose income is equal to or less than 200% of the Federal Poverty Level.**

**Services are—yet not limited to:**

- Primary healthcare
- Dental cleanings, extractions & restorative care
- Non-narcotic prescription medication assistance
- Cancer screenings
- Gynecology
- Neurology
- Dermatology
- Orthopedics
- Endocrinology
- Acupuncture
- Eye exams
- Laboratory analyses
- X-rays & ultrasounds
- Other diagnostic services
- Nutrition counseling
- Mental health counseling



### **Meet Jennifer.**

Jennifer has been a patient at Macon Volunteer Clinic for over five years. Before becoming our patient, Jennifer had not sought medical care in a very long time. Jennifer had a life-threatening condition and

*did not know where to turn for help. Thankfully, a coworker shared eligibility information for being a patient at MVC and suggested she should call. Jennifer was eligible, and with the help of our volunteer providers and the Pharmaceutical Patient Assistance Program, she was able to acquire the medication that helped cure her condition.*

*Since then, Jennifer has seen many improvements to her overall health through the advice from our clinical volunteers. She has lost weight. Her blood pressure has improved. Her A1C is lower, and her risk for cardiovascular disease is lower. Jennifer*

*is also walking for exercise and is averaging 5 times a week for 75 minutes.*

*Jennifer is very grateful for Macon Volunteer Clinic. She says MVC has been a lifesaver. She loves the friendly atmosphere and that our volunteers answer questions promptly or find help to answer her questions. Whenever Jennifer encounters someone in need of medical care, she is now the one sharing about Macon Volunteer Clinic.*

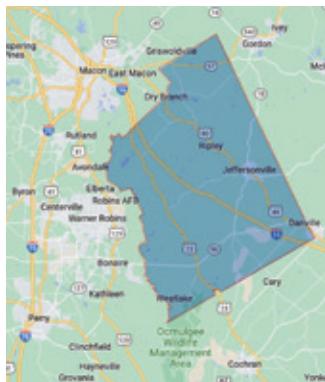
*Thank you Jennifer for sharing your story and for being an inspiration. Keep up the great work! ❤️*

*Macon Volunteer Clinic celebrates the accomplishments of 2022, all made possible through altruism. With volunteers returning to pre-pandemic levels, we fulfilled 7,601 patient encounters and welcomed 195 new patients! New volunteers joined our journey, representing endocrinology, neurology, acupuncture, dentistry, and more.*

You and I are fortunate to have health insurance that shields us from unexpected expenses. Our insurance protects the money we save for the future. It gives us peace of mind. It helps preserve our physical and emotional health.

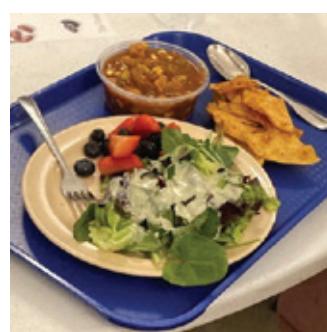
Being a low-income, working, uninsured American means you pay out of pocket for any medical services, however necessary or life-saving they might be. These individuals are much less likely to seek the medical care they need. They are less

## Here are a few of our **2022 Milestones**



Our board voted in January to welcome eligible Twiggs County residents to receive MVC care!

Five new community-minded individuals joined our MVC board.



We completed a 10-day nutrition demonstration project with Rescue Mission residents, where before-and-after biometrics demonstrated the benefits of a whole foods, plant-based diet.



Atrium Rehabilitation Hospital began offering pro bono physical therapy services to referred MVC patients.



Piedmont Macon donated 1,000 COVID-19 test kits for our patients and volunteers.

likely to receive preventive care and manage chronic diseases. Thanks to our caring community, however, Macon Volunteer Clinic advances health equity by providing a medical home to neighbors who would otherwise lack access.

At the close of 2022, Macon Volunteer Clinic anticipates with immense gratitude its 20th anniversary in the New Year. That we have served our uninsured, working neighbors for two decades is a reflection on the values of this community. Thank you for powering us through philanthropy

and volunteerism! Your generosity has advanced us this far. We are confident that together, we will continue to ensure ours is a community where all have healthcare access, regardless of insurance or ability to pay.

With gratitude,

Nancy White  
*Executive Director*



Anna Shvets / Pixabay

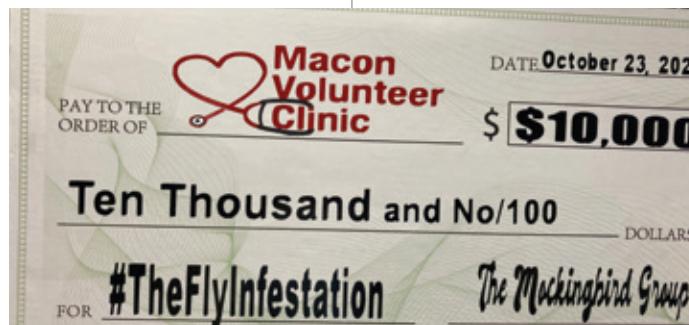
Piedmont Macon committed to giving MVC patients \$200,000 in pro bono radiology service a year for the next two years.



Gustavo Fring / Pixabay

Mercer School of Medicine placed an LMFT intern at MVC for the fall semester, giving our patients access to free mental health counseling.

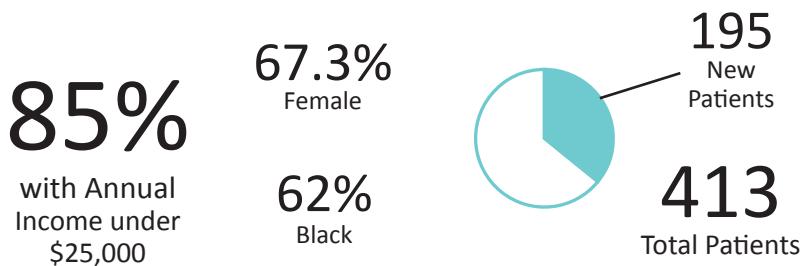
The new "Fly Infestation" music fest, in honor of beloved, late J-Fly, who had no health insurance, benefited MVC with a monetary gift and a "friends-raiser."



With the first installment of a 3-year, \$75,000 gift from MetroPower, we began enhancements of a women's health exam room through a new power exam table, a new microscope, and ceiling hung privacy curtains.

# Community Impact 2022

**The Need** — Many of our patients fall into the “coverage gap.” They earn too much to qualify for Medicaid and not enough to afford assistance with ACA (Obamacare) premiums. 20% of Bibb County adults are uninsured and 21% of Twiggs County adults are uninsured. Bibb County’s 2022 health rankings are near the bottom of 159 counties in Georgia.



## Accomplishments

**7,601**

Total Patient Encounters

**1,671**

Medical Visits with an MD or Nurse Practitioner

**498**

Cancer Screenings

**284**

Dental Exams, Cleanings, X-rays, Fillings, & Extractions



**14%**  
of Bibb County adults have been diagnosed with diabetes. 15% of Twiggs County adults are diabetic.

**Most common diagnoses** – (1) diabetes; (2) hypertension; (3) hyperlipidemia

**\$1,495,097**

in free medical services, provided

**\$1,513.32**

Total Expense per patient per year

Macon Volunteer Clinic is **100% funded by grants and donations.** ❤

### Patient Eligibility

In order to qualify, a person must be:

- actively working,
- a Macon-Bibb or Twiggs County resident,
- between 18-64 years of age,
- no health insurance,
- has a valid SSN,
- a current year tax return,
- earn at or below 200% of the 2022 Federal Poverty Level



**\$748,327**

in free non-narcotic prescription medications, dispensed

**130**  
active volunteers (clinical and administrative)

**4,692**  
TOTAL HOURS VOLUNTEERED

**2023**  
Goals

**7,000** Encounters

**420** Cancer screenings

**50%** of patients with diabetes with A1C of 7 or less

**350** Dental visits

**150–200** Patients will receive prescription assistance

### **Q: Isn't everyone covered by health insurance under the Affordable Care Act?**

No, not at all. Many people in Georgia remain uninsured even after the passage of the Affordable Care Act.

The uninsured include:

- Adults who make too much money to qualify for Medicaid but not enough to afford the federal insurance exchanges.
- Adults who are not required to purchase insurance due to very low incomes or other hardship categories such as domestic violence or foreclosure.
- Adults who are eligible for insurance on the federal exchange but who cannot afford the high co-pays and deductibles associated with even the most modest insurance plan available under the ACA.

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### **Q: Where do MVC patients come from?**

Macon Volunteer Clinic (MVC) patients are working, low-income adults who are not offered insurance by their employers, and who cannot afford to purchase health insurance on their own. Many of our patients are service industry employees who work at restaurants, dry cleaners, daycares, and hotels. They sit with elderly people, clean houses, and take care of children. They are the faces of the working uninsured in Bibb and Twiggs counties. Without the services of the Clinic, MVC patients report they would use the local emergency room or would use urgent care.

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### **Q: How does MVC impact the local community?**

By providing quality healthcare to working, uninsured adults, Macon Volunteer Clinic contributes to the health and prosperity of our entire community. MVC provides primary medical, dental, and eye care, as well as

medication assistance to adults with multiple and complex medical problems who would otherwise end up in the emergency room due to lack of insurance. This reduces the amount of uncompensated care provided by local hospitals and helps MVC patients avoid additional health complications.

The care provided at MVC helps lower the cost of healthcare for ALL residents of Bibb and Twiggs counties. In fact, a University of Georgia study found that \$50,000 in emergency room costs is saved each year for every 100 patients treated by a charitable clinic in Georgia.

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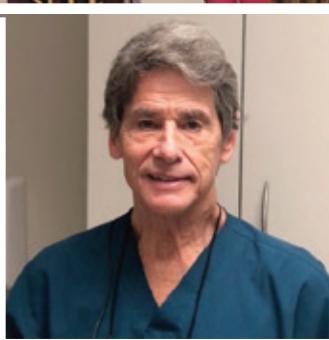
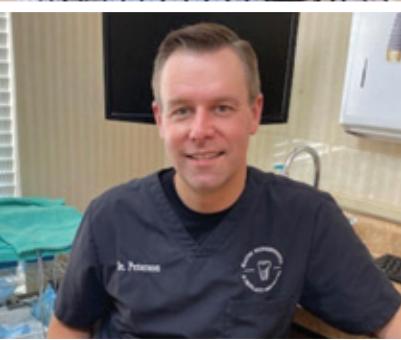
### **Q: Why is it so important to treat uninsured adults in Bibb and Twiggs counties?**

Healthcare costs and loss of productivity associated with lack of health insurance are staggering. The uninsured are much less likely to have primary care providers than the insured. They also receive less preventive care, dental care, chronic disease management, and behavioral health counseling. Those without insurance are often diagnosed at later, less treatable disease stages than those with insurance. Overall, people with no insurance have worse health outcomes, lower quality of life, and higher mortality rates. MVC patients benefit from a regular source of healthcare and medication assistance, as do the families who rely on their income and the employers who rely on their presence.

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### **Q: Who provides MVC medical care?**

MVC has over 130 volunteer physicians, nurses, dentists, dental hygienists, and other providers who generously donate their time to help care for patients in need. MVC medical care is overseen by an experienced board-certified physician who serves as Medical Director.



# 130

active volunteers (clinical and administrative)

## Our Volunteers

are physicians, dentists, nurses, scribes, medical assistants, and administrative helpers

INCLUDES: 100+ students (nursing, pre-med, medical, pre-dental, and dental hygiene,) who are trained on-site





**4,692**

TOTAL HOURS  
VOLUNTEERED  
IN 2022,  
DELIVERING  
**HEARTFELT CARE**



### Meet Janishia.

*She is a patient at Macon Volunteer Clinic and wanted to share her story.* ➤

*Janishia hadn't smiled in 15 years because the condition of her teeth caused her to have low self-esteem. You wouldn't know it now with that big beautiful smile!*

*Janishia is very grateful for the medical and dental services she receives at Macon Volunteer Clinic. Even though she works two jobs, Janishia does not have medical or dental insurance to help with routine*

*check-ups or dental cleanings. Since being a patient at Macon Volunteer Clinic, Janishia has received check-ups and cleanings that have improved her overall health and boosted her confidence. She is thankful for Macon Volunteer Clinic and is now one of our biggest advocates. Thank you for sharing your story Janishia, and for telling others about Macon Volunteer Clinic! ❤️*

# Our Donors

**We are grateful for the gifts given to the Clinic by individuals, families, businesses, and organizations. Your generosity makes our work possible.**

“ The Macon Volunteer Clinic began with a vision of Dr. Chapin Henley. Clearly, the determination to implement the vision was key to the assembling of many volunteers who were committed to filling a critical need to make our community the best it can be. Providing healthcare to the working uninsured is a calling for many physicians, staff and volunteers. To support their efforts is a privilege for the community at large. ”

**MELVIN KRUGER**, Donor since 2003,  
and **STEVEN KRUGER**, Donor since 2015,  
Father and Son

“ Being able to help Macon Volunteer Clinic provide healthcare to those in our community who need it most has been so rewarding. After losing our dear friend J-Fly to cancer last year, we hosted a one day music festival in his honor called *The Fly Infestation*. MVC was the perfect beneficiary for the funds we raised, and we are looking forward to more opportunities to support them as they help people like J-Fly. ”

**RHIANNON BRUNER**, Executive Director  
of Mockingbird Group Macon

“ Macon Volunteer Clinic provides much needed services to Macon and Twiggs County employed residents who struggle to meet their health care needs. After retiring as a Registered Nurse, I volunteered at MVC for over a decade and it was such an enriching experience for me. The patients and staff were wonderful to work with, friendly and appreciative. Because I believe in the work of the MVC and the help it provides to those in need, I’m happy to help financially as I know it all goes to achieve those goals. Thank you Macon Volunteer Clinic. ”

**CAROLYN HARGROVE**, former volunteer and current donor since 2015



*A new local music fest titled ‘The Fly Infestation’ debuted in October 2022, and its organizers chose Macon Volunteer Clinic as its beneficiary. Why? J-Fly, the individual it honored, is the face of Macon Volunteer Clinic.*

*J-Fly had moved to Macon some 10 years back. He worked for restaurants and bars and followed the local music scene. He never met a stranger and many co-workers, musicians, creatives, and locals claimed him as their friend. He experienced poor health for a year or two, but hesitated to seek care because among other factors he was uninsured. When he could no longer mask his deteriorating health, friends prevailed for him to seek care at a local hospital where he was diagnosed with metastasized colon cancer. Had J-Fly had access to healthcare, it may have been detected earlier. Friends rallied to be*

**"**I applaud the efforts of the Macon Volunteer Clinic to provide much needed healthcare to the working uninsured. Without this service delivered by the clinic's healthcare providers and other volunteers on a daily basis, many of its clients would not have access to quality health care. I'm proud of the partnership that Piedmont Macon has forged with the Macon Volunteer Clinic and am comforted to know that this vital and much-needed resource is a part of our community.**"**

**STEPHEN J. DAUGHERTY**, *CEO of Piedmont Macon Medical Center and Piedmont Macon North Hospital. Piedmont Healthcare and its predecessors have supported MVC since 2003. Piedmont Healthcare's Community Benefit Program is a new giving partner for 2023.*

*his advocate and stand-in family. They worked with the hospital and later with hospice to get the care he needed for comfort. Helping to organize 'The Fly Infestation' with his favorite bands brought him joy during his final days. He passed away in early August of 2022.*

*J-Fly did not know about Macon Volunteer Clinic. There are many others like him who may not have the same community support. So his friends launched "The Fly Infestation" with bands he loved and raised money and awareness to help others in similar situations, intending to make it an annual benefit for us. On behalf of everyone we serve, thank you!*

**"**Since its inception the Volunteer Clinic has played a significant role in the health care of people in our community who do not have health insurance. The Clinic continues to fill that void, helping hundreds of people every year who might otherwise suffer. And the volunteers who serve and make the Clinic a reality are a credit not only to their professions but to the community at large. They are due our sincere thanks.**"**

**TRED SHURLING**, *Donor since 2003*

**"**The Macon Volunteer Clinic is a service that our area desperately needs, which is the reason I began volunteering. MVC provides medical care for individuals that work, but medical insurance is not provided by their employer. All of the patients really appreciate the medical care they receive, and that makes it a genuine pleasure for me to volunteer and support Macon Volunteer Clinic.**"**

**WINDY BLANKS**, *Current Volunteer and Donor since 2012*

**Did You Know? \$50,000 in emergency room costs is saved each year for every 100 patients treated by a charitable clinic.\***

\*University of Georgia study



**Another year has passed, and the Macon Volunteer Clinic continues to move forward. Serving the uninsured workers in Bibb County, and now Twiggs County, remains our top priority.**

The Macon Volunteer Clinic has had a long relationship with the Macon Rescue Mission, providing care for their residents. In 2022, we took the clinic to them. We now have onsite service at the Rescue Mission. This onsite clinic sees patients twice monthly.

We made great strides in 2022 with Women's Health. Through a generous grant from Metro Power, we have been able to purchase new equipment and provide more privacy for our female patients. Another grant continues to enable our patients to receive mammograms to screen for breast cancer.

The Clinic is constantly looking for ways to better serve our patients. We were able to do so in the past year by adding several new providers in different specialties that the Clinic sorely needed. We now have volunteer providers in endocrinology, neurology, acupuncture, and counseling. We have also partnered with outside providers for gastroenterology and physical therapy services.

**Without our volunteers, we would not be able to provide these services to the community. Our volunteers are of the highest quality, and we are looking to use their expertise to improve the quality of care for our patients and further improve clinical outcomes. We are always looking for more volunteers and with your help 2023 will continue to see the clinic grow and improve.**



On site service at Macon Rescue Mission



New exam room improves care for women



Matt Astin, M.D.  
Medical Director

**Our clinic is 100% philanthropically funded by donors like you!**  
No patient is ever charged a fee for our services.

## Your donations go a long way at Macon Volunteer Clinic!

In 2022, the annual cost per patient was \$1,513.32 or \$129.67 for each encounter the patient has with our marvelous staff and compassionate volunteers. Just think of what it costs you to go to the doctor; our patients get quality care at no cost because of the generous support of donors like you!

Donations can be made online, in person, or through the mail. Recurring gifts are easy to set up so that your giving is consistently withdrawn on a monthly or annual basis.

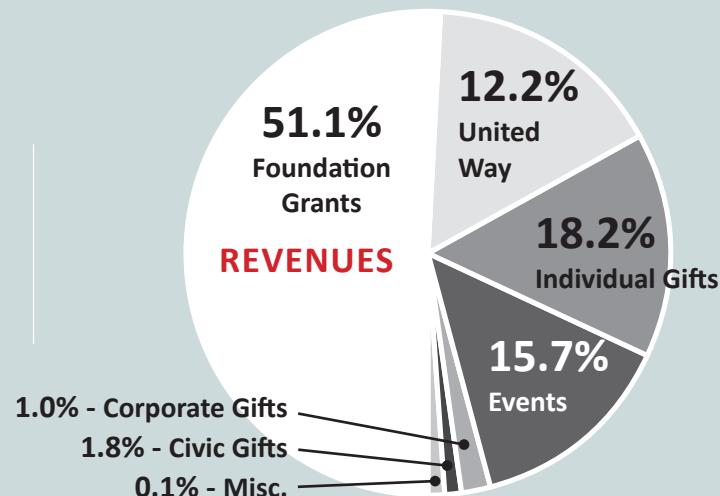
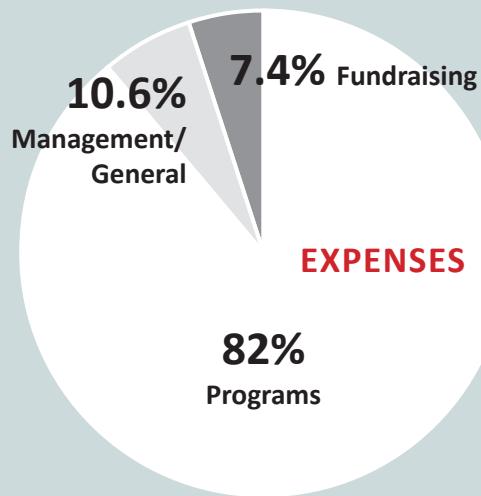
Sponsoring one of our events, and In Kind donations are also welcomed. Talk to your financial planner about legacy giving or donation of stocks or bonds.  
Consider making a donation in honor or

memory of a loved one or favorite medical provider. That can spread the word about the great things happening at Macon Volunteer Clinic, as we will notify them of your gift. You can also contribute to our Endowment Fund at the Community Foundation of Central Georgia to allow us to serve for many more years to come!

We thank our generous donors for every gift they give and promise to use every dollar to provide excellent healthcare to the residents of Bibb and Twiggs counties who qualify!



To learn more,  
contact Julia Norman,  
Director of Development:  
(478)-755-1110, ext. 127, or  
[jnorman@maconvolunteerclinic.org](mailto:jnorman@maconvolunteerclinic.org)



Macon Volunteer Clinic is a local 501c3 organization.  
All donations are tax-deductible as allowable by law.

**Since 2003, Macon Volunteer Clinic  
has provided over 100,000 patient encounters and  
served almost 5,000 unique patients.**

## 2022 Clinic Staff



Nancy White  
*Executive Director*



Dr. Matt Astin  
*Medical Director*



Erica Carroll, BSN, RN  
*Clinical Resource Nurse*



Dona Gurley  
*Dental Coordinator*



Sammeria Whipple, BSN, RN  
*Nurse Manager*



Julia Norman  
*Director of Development*



Justin Wolfe  
*Nurse Practitioner*



Cherish Walker  
*Office Manager*



Mara Bock  
*Impact Specialist*



Trish Mitchell  
*Volunteer Manager*

## 2022 Board of Directors

Samer Othman, DDS, MPH  
*Chair*

Deanna Hill Jones  
*Vice Chair*

Steve Slade  
*Treasurer*

Saralyn Hiley, MT (ASCP)  
*Secretary*

Gary Bernstein, MD

Ethel Cullinan, PhD

Ronald Freeman, MD

Susan Headley

Justin Hollingsworth, JD

Keri Jones

Jonathan Martin, JD

Rana Munna, MD

Elizabeth Schorr

Jon-Michael Williams



Macon Volunteer Clinic lost one of its three founding board members and tireless advocates in the passing of Dr. William John O'Shaughnessey, Jr. on December 31, 2022.

## Remembering

### William John O'Shaughnessey, Jr., M.D.

(October 1930 – December 2022)

There is no doubt what an impact Dr. O'Shaughnessey had on Macon Volunteer Clinic. Twenty years ago, as a visionary founding physician, he was passionate and relentless about acquiring the resources and community support necessary to open our doors. For years, he gave of his time and skills to provide medical care to

our Macon neighbors who qualify for our free services.

Dr. O'Shaughnessey has inspired countless patients, volunteers, board, and staff members at Macon Volunteer Clinic. His example of service before self has had a multiplying impact on our mission. His memory is a gift to each of us who knew him. ❤️



### Meet Mackenzie.

*She is a patient at Macon Volunteer Clinic and agreed to share her story with you.* ➤

*Mackenzie is a single, working mother without medical insurance. Because of this, she used the emergency room for her primary healthcare, but needed a more stable option. While searching for affordable/free health care options with her mother, she discovered Macon Volunteer Clinic.*

*Mackenzie has been with us a few months and is very happy with the care she receives at MVC. She appreciates the attentiveness from all our volunteers. She is also happy that she is seen shortly after arriving for her appointment.*

*Mackenzie was suffering with depression. This caused her to*

*lack joy in her life and she had difficulty completing everyday activities. With the help of our volunteer providers who took the time to listen and follow-up on how she was doing, they identified the right medications to help her. She now feels excited as she anticipates each new day. Mackenzie's 'joie de vivre' has returned, and she has peace of mind that when she comes to Macon Volunteer Clinic, she will be heard and treated with kindness and respect.*

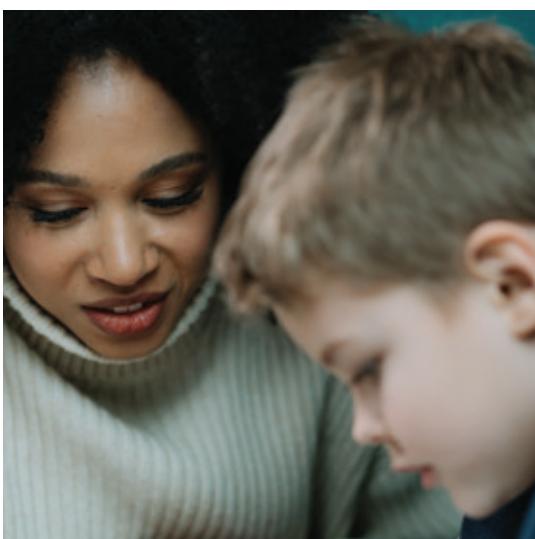
*Thank you for sharing your story, Mackenzie. We know it will help others in our community who may benefit from Macon Volunteer Clinic. ❤️*

**How many  
hardworking  
neighbors could  
we help today?**



**Someone you  
know may  
be an eligible  
patient.**

Your landscaper, barber or hairstylist,  
housekeeper, server at a restaurant,  
caregiver, or any small business owner.



**Help us achieve our  
mission. Spread  
the word. Make  
a donation.  
Volunteer ♥**



**100% philanthropically-funded  
*Healthcare with Heart***

[maconvolunteerclinic.org](http://maconvolunteerclinic.org)