



Reesor 50

Racer Handbook

May 17, 2025 – Historic Reesor Ranch, Cypress Hills SK

Brought to you by Prairie Sky Running Co and our partners



WELCOME

Our team at Prairie Sky Running Co. is thrilled to present **Reesor 50**, an **UltraRanch Festival** taking place **May 16-18, 2025**, at **Historic Reesor Ranch** in Saskatchewan. Set against the stunning and diverse landscapes of **Cypress Hills Interprovincial Park**, this event—paired with the warm hospitality of Historic Reesor Ranch—promises a one-of-a-kind experience that runners, crew, friends, fans, and family will love.

Cypress Hills Interprovincial Park provides a striking and rugged backdrop for the Reesor 50. Historic Reesor Ranch is one of the province's oldest working ranches. This area with its rolling grasslands, dense forests, and dramatic coulees have been shaped by generations of ranchers and Indigenous peoples before them. Runners traversing this landscape follow in the footsteps of those who have long navigated these hills—whether on horseback, on foot, or through the rhythms of daily life on the land. The race is not just a test of endurance but a journey through a piece of Saskatchewan's living history, where the wide-open spaces and deep-rooted stories of the prairie come together in a challenge unlike any other.

Join us for the inaugural Reesor 50. Together, we are reaching new heights on the prairies.

DIVERSITY & INCLUSION

Prairie Sky Running Co. is an inclusive event. We love community. We strive to ensure all participants feel a sense of belonging, are treated with respect, and bring their whole awesome selves to race day!

Inclusive Space

Prairie Sky Running has a zero tolerance for harassment and discrimination. This means racers, fans and volunteers must be kind, respectful and caring of each other. Harassment is any action, conduct or comment that can reasonably be expected to cause offense, humiliation, other physical or psychological injury, or illness.

This can include:

- Insinuating that someone has an advantage/disadvantage because of their race, sex, gender, or disability.
- Asking for proof of someone's sex or gender.
- Spitting on or at someone.

Discrimination is an action or decision that treats a person or group badly for reasons such as their race, age, gender identity, sexual orientation or disability.

Discrimination and harassment can be direct, indirect, and subtle. Microaggressions are forms of harassment and discrimination that will be taken seriously. Indirect and subtle discrimination may include:

- Staring and continuing to do so when asked to stop.
- Intrusive questioning.
- Misgendering people purposefully/repeatedly.

If you witness or experience any act of harassment or discrimination, please inform Race Directors so we can address the situation. Prairie Sky Running Co. reserves the right to remove or restrict access to the race for any racer, fan or volunteer who does not adhere to this policy.

DIVERSITY & INCLUSION CONTINUED

Participant Information

Participants of the Reesor 50 can sign up under the following categories:

- Gender diverse (Non-binary, gender fluid, gender non-conforming, two-spirit, gender queer, or other)
- Man
- Woman

We will accept each participant's declared gender, and no additional supporting evidence is required. Trans people are welcome and encouraged to register in their affirming categories, regardless of gender expression. At any time, participants may log into Race Roster and change the gender they are signed up as. As with other years, we will be recognizing top 3 finishers on the podium from the various registration categories – gender, masters, etc. The top 3 from the gender diverse category will also be recognized.

As we continue to learn, we will update this policy as needed. Please inquire or provide feedback to info@pskyrunning.com.

DIRECTIONS TO THE RACE

Below are links to maps to the Historic Reesor Ranch:

- [Historic Reesor Ranch - Maps \(Apple\)](#)
- [Historic Reesor Ranch - Google Maps](#)

The below table is a quick reference distance/time guide. Don't rely on these estimates. Use the above links to find accurate information.

Starting Point	Distance	Driving Time
Medicine Hat, AB	90km	1 hr 15min
Swift Current, SK	200km	2hr 15min
Calgary, AB	375km	4hr
Regina, SK	450km	4hr 30min
Saskatoon, SK	475km	5hr
Edmonton, AB	620km	6hr 30min
Bozeman, MT	690km	7hr
Winnipeg, MB	1025km	10hr 30min

ACCOMODATIONS

Festival-style Camping

Festival-style Camping at the Historic Reesor Ranch - tent or vehicle camping in a designated field (no motorhomes, buses, or giant RVs allowed) very close to the start/finish line. \$40 per vehicle for the weekend (Friday to Sunday). You must [pre-register](#) for camping in Race Roster (follow link). Facilities include bathrooms, porta-potties and showers.

Hotels, Motels and Cabins

- [Reesor Ranch Lodging \(no vacancy\)](#)
- [Elkwater Lake Lodge](#)
- [Resort at Cypress Hills](#)
- [Cobble Creek \(Maple Creek, SK\)](#)
- [Willowbend Motel \(Maple Creek, SK\)](#)
- [Medicine Hat Accommodations](#)

Camping

- [Reesor Lake Campground](#)
- [Cypress Hills Interprovincial Park](#)
- [Elkwater Campground](#)

Food and Beverage

- Buy tickets to Friday night's spaghetti dinner, additional race day meals, and/or tickets to Sunday morning's pancake breakfast [here](#).
- **Pizza will be available either by the slice or whole pies at the Ranch for the weekend.** Outside of these food options, you are required to pack in and pack out food for the weekend.
- **Rebellion Brewing Co, in partnership with Rafter R Brewing Ltd**, will be present on race day, serving up delicious beer.

REFUND AND TRANSFER POLICY

- Full refunds available until February 1, 2025 (including meals and camping).
- 50% refund of race fees only available until April 1, 2025 at 11:59am CST, and a \$5 refund fee will be applied.
- Absolutely no refunds from after April 1, 2025 at 12:00pm CST.
- You can transfer between distances (e.g., from 50mi to 42.2km) until May 1, 2025. A \$5 processing fee is applied.
- Transfers must be completed by the runner in Race Roster. Race organizers will not complete transfers for runners. [HOW TO TRANSFER – detailed instructions](#)

RACE WEEKEND INFO & SCHEDULE

Registration and Race-Kit Pick-Up

Race Headquarters will be facilitated out of the main race tent. This location will be clearly marked upon your arrival at the Ranch. Sign in and pickup your kit during the following times:

- Friday, May 16, 2025 4:00pm - 9:00pm
- Saturday, May 17, 2025 6:00am - 9:00am

Race Shirts

Please bring your receipt of registration that shows the shirt / size that you selected. It will make it easier for us to facilitate registration and pick-up. A screenshot on your phone is sufficient.

Drop Bags

You can drop your drop bags in the designated areas at Race HQ (big tent) at Race Registration on either Friday May 16 or Saturday May 17. There will be designated areas for the two different aid stations where these bags will be transported to, so make sure you read the signs and get your bags in the correct area.

- We will have materials to mark your bags (tape and sharpies).
- If you mark them in advance, please put your **bib number and last name** on the drop bag in larger text so that our volunteers can find them as easy as possible when you enter the aid station.
- Keep them small and light. We move them around lots so don't get too carried away.
- We will not bring your drop bags from aid station to aid station.
- It is your responsibility to pick them up from the main tent after the race is finished.

Parking

There will be designated parking on-site. Please follow the parking signs and the instructions of the Parking Attendant Volunteers. The parking area will be located near the race site at the ranch.

Race Day Schedule

50 Mile - Reesor 50

- 7:50AM - 50-mile debriefing at start/finish line
- 8:00AM - Start of Reesor 50
- 2:00AM - Cut-off time for 50-mile runners (Saturday night/Sunday morning)

Reesor Mountain Marathon (42.5km)

- 8:50AM - Mountain Marathon debriefing at start/finish line
- 9:00AM - Start of Reesor Mountain Marathon
- 7:00pm - Cut-off time for Mountain Marathon runners

Award and Prizes

- Sunday May 18, 2025 - 8:30am at the Pancake Breakfast

RACE DETAILS

Mandatory Gear

- Headlamp (sunset 9:00pm May 17, 2025 and you'll need 5hrs of lamp life)
- Extra batteries for your lamp if needed
- Water – carry a minimum of 1 liter of water between aid stations
- A Light Jacket

Recommended Gear

- Foil Blanket (this will be mandatory if the weather is cold and/or wet)
- Trail running shoes
- Sun protection (sunscreen, sun glasses, hat)

Course Markings

The course will be marked with pin flags, surveyors tape and printed signs. There are a couple “interesting” turn/junctions that will be “overmarked.” Pay attention and read signs as you approach these areas.

Garbage

Don't leave garbage on the course. Carry it to an aid station and dispose of it. The Cypress Hills are pristine and we want to keep them that way. **The event is cupless.** When you're at aid stations, be prepared to use your bottles to hydrate.

Earphones

If you choose to listen to music while you are running, please remove an earbud as you approach volunteers and aid stations because they may want to tell you something important. External speakers are not allowed.

Dangerous Weather

Dangerous weather can move in at a moment's notice. This could result in the suspension of the race for an undetermined period of time and may result in a shortening of the race. It may also result in the start of the race being postponed or cancelled. This includes air quality/smoke.

Coherency Checks

[Back40 Wilderness First Aid](#) may choose to conduct coherency checks. If an Back40 First Aid crew member is concerned for your safety they will conduct an assessment. If you are judged to be unfit to continue, you will be removed from the race. This decision is final.

Be Courteous to Volunteers

Check-in and check-out at each aid station and don't forget to say thanks.

Pacers and Dogs

Not allowed.

Strollers

Not allowed.

Poles

Allowed.

DNF (Did Not Finish) and Withdrawing While on Course

If you decide to withdraw from the race, you must communicate this to a volunteer or race official at an aid station or the finish line. It becomes very confusing and sometimes dangerous for race organizers and volunteers when runners withdraw from the race and don't communicate this to a race official.

If you decide to withdraw from the race, you (or someone else) must communicate this to a volunteer or race official at an aid station or the finish line.

AID STATIONS – DISTANCES, CUTOFFS, DROP BAGS AND CREW

REESOR 50				
Aid Station	Location	Distance To Next	Cumulative	Cutoff
Start	Start	8.8km	0km	
Trail Head	Water Only 1	6.2km	8.8km	
East Reesor Lake	Aid station 1	14km	15km	
West Reesor Lake	Aid station 2	6km	29.5km	6hr / 2:00pm
East Reesor Lake	Aid station 3	6.5km	35km	8hr / 4:00pm
Trail Head	Water Only 2	10.5km	41.5km	
Battle Creek Road	Aid station 4	10.5km	52km	12hr / 8:00pm
Equestrian Road	Aid station 5	8.5km	62.5	14hr / 10:00pm
Bench Road	Aid station 6	8km	71km	15.5hr / 11:30pm
Reesor Hill	Water Only 3	4km	79km	
Finish	Aid station 7	0km	83km	18hr / 2:00am

REESOR MOUNTAIN MARATHON				
Aid Station	Location	Distance To Next	Cumulative	Cutoff
Start	Start	11.5km	0km	
Battle Creek Road	Aid station 1	11km	11.5km	
Equestrian Road	Aid station 2	8km	22.5km	5hr / 2:00pm
Bench Road	Aid station 3	8.5km	30.5km	7hr / 4:00pm
Reesor Hill	Water Only 1	3.5km	39km	
Finish	Aid station 4	0km	42.5km	10hr / 7:00pm

	Water Only
	Drop Bag 1 & Crew Access
	Drop Bag 2

The Route

[Click here for maps and GPX files for all courses.](#)

AID STATIONS – CREW ACCESS

Mountain Marathon Course – No crew access at all aid stations.

Reesor 50 Course – there is crew access at Aid Stations 2 and 3.

Crew Access at Aid Station 2 (West Reesor Lake – WRL) - you will be able to access your runners at the aid station area at WRL. The aid station is located just off the highway at the Reesor Lake Viewpoint. There is no parking area at this aid station. We may be able to park in the ditch along the highway. More communication about this will be forthcoming. There is a parking area at the Reesor Lake Dock and Day Use Area, but this is about a 4.5km walk to the aid station.

Crew Access at Aid Station 3 (East Reesor Lake – ERL) – there will be a designated crewing area on the road on the east end of the lake, about 1km before the actual aid station. You cannot access your runners at the aid station. Please do not hike into the aid station to access your runners. The aid station will become too congested. The designated area on the road at the east end of the lake is a much larger area. This is where you can support your runner. There will be a designated parking area near the crewing area. Follow the signs.

AID STATIONS – OTHER INFORMATION

This section pertains mostly to 50-mile runners

Aid Stations 1 / 3 (ERL) are one aid station, located about 1 km up-trail from the trailhead at the east end of Reesor Lake. However, the first time runners pass by this aid station on the way out, the course does not go down to the crew access area on the road, so that is why there is no crew access for Aid Station 1 and only at Aid Station 3.

Battle Creek Road is closed to spectators and crew during the event. This is the road that runs east through the valley and is the only road that goes to aid stations 4, 5, 6 and 7. There is a yellow gate at the entrance to this road that will be locked. This is why there is no crew access at these aid stations and no crew access on the Mountain Marathon course. But don't worry, we are working on a slick system that will help spectators track their 50-mile runners as they progress through the back half of the course. And remember, 50-mile runners have the option to place a drop bag at Aid Station 4 (Battle Creek Road). Don't forget your headlamps!

AID STATION – MAPS

A variety of maps with aid stations, parking, crew access locations, etc. are currently being developed. They will be added to our website when they are finished.

AID STATION - FOOD AND SUPPLIES

Each aid station will be stocked with [Reesor Spring Water](#), sports drink and cola. In addition, each aid station will have an assortment of food and goodies, such as gummy worms, 2-bite brownies, peanut M&Ms, chips, pretzels, pickles, bananas, watermelon, sunscreen, bug spray and hygiene products.

TIMING & RESULTS

[Last Lap by Prairie Run Crew](#) is providing timing services and results this year. Your timing chip is on your bib. Don't excessively fold your bib or drive over it with your vehicle or you may damage the chip. Live results will be available.

We will be posting live results in the big tent as runners come across the finish line. If you don't see your time, please be patient. It is coming. Please refrain from asking the timing station for your time.

If you decide to withdraw from the race, you must communicate this to a volunteer at an aid station or at race HQ (the big tent). It becomes very confusing and sometimes dangerous for race organizers and volunteers when runners withdraw from the race and don't communicate this to a race official.

FIRST AID

There will be first aid on site courtesy [Back40 Wilderness First Aid](#). If you're experiencing medical difficulties on the course, do one of the following:

If possible, get yourself to the nearest aid station and communicate your concerns to the first aid team members. There will be first aid at each aid station who will help you determine next steps.

If you are immobile (broke your ankle), notify a passing runner that you need aid and have them report it to the next station. We will try to get to you as quickly as we can. If you're a passing runner, please consider offering assistance until the First Aid Team can get there.

If there is a medical emergency, please call 9-1-1 (if you do not have cell service, continue to move forward on the trail until you run into cell service and call 9-1-1).

If you come across a runner who is in distress, please stop and help them. The golden rule folks. You will be rewarded for doing the right thing.

Aid station attendees and [Back40 Wilderness First Aid](#) will conduct coherency checks. If an attendee is concerned for your safety, they will have a medic conduct an assessment. If you are judged to be unfit to continue, you will be removed from the race. This decision is final.