



SYNERGY
H E A L T H
ASSOCIATES

Hey Alejandro,

The holidays are coming up fast (I know this is a cliché we say every year, yet every year, it still blows my mind).

After 25 years of practice, I've observed an interesting pattern: people tend to wait until they're exhausted and rely on daily ibuprofen and antacids before seeking help.

But here's the thing: your body needs support **BEFORE** you're running on empty. Getting a personalized metabolic detox protocol from me via telemedicine (or in person if you're in NYC) TODAY means you'll have the energy to actually enjoy all those special moments ahead.

Do you want to make sure you're feeling your best for the holidays?

I have rare appointment slots available for both telemedicine and in-person appointments.

Call (212) 243-5515 to book an appointment or [CLICK HERE](#) to request a time.

Yours in health,

PS: If you want more information about what to expect after booking your appointment, [watch this short video.](#)



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