



## **Supply List for Printed & Stitched Immersion Five-Day Retreat with April Sproule**

### **Block Carving Tools To Bring With You** See this list [on Amazon here.](#)

- Speedball Linoleum Cutting Tool
- Speedball, Speedy Carve Block, 9" x 12" Pink Speedy Carve
- Speedball Soft Rubber Brayer
- VersaFine Clair Ink Pad, color Nocturne, pigment-based ink

Note: All four items above were priced on Amazon, Blick Art, Michael's, and Dharma. Median cost: \$60.00.

### **Other Tools To Bring With You**

- Ruler
- Xacto Knife
- Utility Scissors
- Black Fine Point Sharpie
- Ultra-Fine Point Sharpie
- Regular Pencil and Eraser
- Tweezers
- Small Stiff Paint Brush For Cleaning Your Block
- Spoon Or A Bone Folder
- One Sheet Of Fine Grit Sandpaper
- Blue Painter's Tape

### **Fabrics and Papers To Bring With You**

- Sketchpad or Blank Paper To Draw Your Block Designs And Test Prints
- Repurposed Fabrics
- Repurposed Papers
- Fabric Pieces No Larger Than Fat Quarter, 18" X 22"
- Fabrics Mostly Solid Colors of Linen, Cotton, Wool, or Silk in Light Colors
- Some Prints And Hand Dyes Will Also Work

### **Other Papers To Bring With You**

Papers In Light Colors Including:

- Book Pages
- Sheet Music
- Used Tea Bags
- Gelli-Plate Prints
- A Plate For Rolling Out The Ink

(Approximately 11"X14", But You Could Go A Little Smaller. Safety glass is the best option, but a glass cutting board, or a metal cookie sheet would also work and would be less expensive.)

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### For Collage Pieces

- Background fabric 14"x18"
- Assorted fabrics and papers typically used for collage type projects
- Papers can include decorative papers, gelli plate prints, or others that you can sew through by hand

### Supplies to Add Additional Colors To Bring With You

Optional art supplies, if you have them, for marking on fabric or paper

- For fabric: Tsukineko inks or pens, Posca markers, ink-tense, neocolor crayons or pencils
- For papers: paints like acrylic, watercolor, colored pencils, etc.

### Sewing and Hand Embroidery Supplies To Bring With You Basic Sewing Kit

- |                                           |                                                                |
|-------------------------------------------|----------------------------------------------------------------|
| • Sharp Small Scissors For Embroidery     | Or You Can Use A Small Candle (Check Your Natural Foods Store) |
| • Scissors For Paper Cutting              |                                                                |
| • Straight Pins                           | • Ruler                                                        |
| • Regular Hand Sewing Needles             | • Rotary Cutter                                                |
| • Regular Sewing Thread For Basting       | • Small Cutting Mat                                            |
| • Beeswax for Thread, Small Piece Is Fine | • Color Wheel, Available At Any Art Supply                     |

### Embroidery Floss and/or Perle Cotton

- Dmc Cotton Embroidery Floss In At Least Five Assorted Colors
- Hand Embroidery Needles (Recommend Assorted Packs That Are Sizes 5-10. Bohin, John James, Or DMC **Find here at Amazon**)
- Fabric Marking Tools such as Stabilo White Pencil #8052
- Or Any Water Erasable Marker You Prefer
- Pilot FriXion Pens # 31557, Set of Three Colors **Find here at Amazon**

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### Supplies Provided by Instructor

**\$30 Supply Fee, Payable On The First Day Of Class**

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|---------------------------------------------------------------------------|---------------------------------------------|
| • Three 8.5" x 11" printed sheets of April's original block print designs | • Assorted embroidery floss to share        |
| • 10 sheets of 9" x 12" Japanese rice paper                               | • Speedball Screen Printing Inks for Fabric |
| • 1/2 yard of silk organza                                                | • Dye-Na-Flow Fabric Paints                 |
| • Tracing paper                                                           | • India Ink                                 |
| • Butcher paper                                                           | • Walnut Ink                                |

Please feel free to contact April Sproule if you have any questions, and check out her website for more examples.

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