



Supply List for Printed & Stitched Immersion Five-Day Retreat with April Sproule

Block Carving Tools To Bring With You

[See this list on Amazon here.](#)

- Speedball Linoleum Cutting Tool
- Speedball, Speedy Carve Block, 9" x 12"
Pink Speedy Carve
- Speedball Soft Rubber Brayer
- VersaFine Clair Ink Pad, color Nocturne, pigment-based ink

Note: All four items above were priced on Amazon, Blick Art, Michael's, and Dharma. Median cost: \$60.00.

Other Tools To Bring With You

- Ruler
- Xacto Knife
- Utility Scissors
- Black Fine Point Sharpie
- Ultra-Fine Point Sharpie
- Regular Pencil and Eraser
- Tweezers
- Small Stiff Paint Brush For Cleaning Your Block
- Spoon Or A Bone Folder
- One Sheet Of Fine Grit Sandpaper
- Blue Painter's Tape

Fabrics and Papers To Bring With You

- Sketchpad or Blank Paper To Draw Your Block Designs And Test Prints
- Repurposed Fabrics
- Repurposed Papers
- Fabric Pieces No Larger Than Fat Quarter, 18" X 22"
- Fabrics Mostly Solid Colors of Linen, Cotton, Wool, or Silk in Light Colors
- Some Prints And Hand Dyes Will Also Work

Other Papers To Bring With You

Papers In Light Colors Including:

- Book Pages
- Sheet Music
- Used Tea Bags
- Gelli-Plate Prints
- A Plate For Rolling Out The Ink

(Approximately 11"X14", But You Could Go A Little Smaller. Safety glass is the best option, but a glass cutting board, or a metal cookie sheet would also work and would be less expensive.)

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For Collage Pieces

- Background fabric 14"x18"
- Assorted fabrics and papers typically used for collage type projects
- Papers can include decorative papers, gelli plate prints, or others that you can sew through by hand

Supplies to Add Additional Colors To Bring With You

Optional art supplies, if you have them, for marking on fabric or paper

- For fabric: Tsukineko inks or pens, Posca markers, inktense, neocolor crayons or pencils
- For papers: paints like acrylic, watercolor, colored pencils, etc.

Sewing and Hand Embroidery Supplies To Bring With You Basic Sewing Kit

• Sharp Small Scissors For Embroidery	Or You Can Use A Small Candle (Check Your Natural Foods Store)
• Scissors For Paper Cutting	• Ruler
• Straight Pins	• Rotary Cutter
• Regular Hand Sewing Needles	• Small Cutting Mat
• Regular Sewing Thread For Basting	• Color Wheel, Available At Any Art Supply
• Beeswax for Thread, Small Piece Is Fine	

Embroidery Floss and/or Perle Cotton

- Dmc Cotton Embroidery Floss In At Least Five Assorted Colors
- Hand Embroidery Needles (Recommend Assorted Packs That Are Sizes 5-10. Bohin, John James, Or DMC [Find here at Amazon](#))
- Fabric Marking Tools such as Stabilo White Pencil #8052
- Or Any Water Erasable Marker You Prefer
- Pilot Frixion Pens # 31557, Set of Three Colors [Find here at Amazon](#)

Supplies Provided by Instructor

\$30 Supply Fee, Payable On The First Day Of Class

• Three 8.5" x 11"printed sheets of April's original block print designs	• Assorted embroidery floss to share
• 10 sheets of 9" x 12" Japanese rice paper	• Speedball Screen Printing Inks for Fabric
• 1/2 yard of silk organza	• Dye-Na-Flow Fabric Paints
• Tracing paper	• India Ink
• Butcher paper	• Walnut Ink

Please feel free to contact April Sproule if you have any questions, and check out her website for more examples.

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