



**Brian Bost RN**

As a Recovery Wellness Coach and Certified Addiction Registered Nurse (CARN) specializing in Substance Use Disorder (SUD), Brian has guided many people into early recovery and helped them thrive once there.

Through extensive substance use recovery training, coupled with his own experience, Brian understands just how critical it is to first restore dopamine levels through IV NAD therapy and just as importantly, adopt a lifestyle focused on sustaining those healthy levels.

Brian lives in Marietta, GA with his life partner Amy and their two special animals. He is an avid hiker, recovery speaker, science geek, tennis player, traveler, and seeker.

## **BRAIN RECOVERY PROGRAM INCLUDES**

**12 WEEK HIGH TOUCH 1:1 COACHING WITH BRIAN FOR LIFESTYLE & MINDSET MASTERY STRATEGIES**

**2 MEDICAL CONSULTATIONS WITH DR. BERGERON FOR FUNCTIONAL HEALTH PROTOCOL**

**CLIENT BASED SUPPORTIVE CLINICAL THERAPIES FOR HORMONE BALANCE, DETOX, NUTRITIONAL SUPPORT**

**IV NAD + NUTRIENT THERAPY PROTOCOL FOR BRAIN CHEMISTRY REBALANCE**



# **WHERE EVERY LIFE MATTERS**



## **BRAIN RECOVERY PROGRAM SUBSTANCE USE DISORDER**

**REAL HEALTH MEDICAL**



Patrick I. Atlanta, GA

*"Years of self medicating and compulsive overconsumption landed me in a mental hospital followed by a treatment center. I was put in contact with Brian Bost, a wellness coach, and after a couple zoom meetings, I felt like I had the support I needed to get back into my life! Brian has consistently been there, encouraging me and keeping me accountable since I left treatment. Having someone with his recovery experience to communicate with was invaluable. I respect him as a professional, appreciate him as a man and would not be where I am today without his support."*

Ryan H. Charlotte , NC

*"Working with Brian has given me access to a range of tools and resources to help keep me sober. Without Brian, it likely would have taken me light years on my own to get where I have after only a month of sobriety. I'm not sure if I could have done it on my own, but I know for sure he has helped me feel confident managing my sobriety. The daily accountability serves as a reminder of the goals we're working towards keeping me on track. Highly recommend."*

**CHANGED LIVES**

**SCHEDULE YOUR  
FREE CONSULTATION  
TODAY!**



**CONTACT US**

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TODAY!**



**OUR MISSION**

To improve the lives of those we serve and increase the opportunity for integrated medical and wellness care through our specialized practitioners.

**OUR VALUES**

Client Centered.  
Root Cause Approach.  
Christian Faith-Based Values.

