## **DISCOVER OPTIMAL HEALTH**

One-on-One
Nutritional Consultation

Weight loss • Digestive Health
Successful Lifestyle Change Implementation



Do you ever wonder...

- Why fad diets don't work
- How to get your cells functioning at optimal level
- Which foods to enjoy and avoid
- How your body really works
- Why you are stressed and tired all the time

## **WE CAN HELP!**

Now offering powerful, confidential one-on-one sessions to help you create an action plan for achieving your personal health, weight loss and nutrition goals.



Drs. Greg &

Becky Ramboer

Chiropractors and Internationally
Certified Wellness Practitioners
(C.C.W.P)



As a direct result of my nutrition consultation at Lifepointe, my cholesterol dropped 42 points AND I am off all cholesterol medication! I have also lost 11 pounds already! – S.B.

This is an exciting journey! I am excited about the coming changes in my health. Thank you for inspiring me and arming me with more knowledge to get serious about this journey. — M.H.

Wow! The information my husband and I received has been life altering and we are extremely grateful for the knowledge. – S.B.









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