



## Attributes of GOAT MILK

Given the nutrients contained in goat milk, regular use of goat milk soap has the potential to nourish the skin. Goat milk soap smells fresh and clean.

**Alpha Hydroxy Acids** found in goat milk loosen dead skin cells allowing new skin cells to grow.

**Cream** provides fatty acids. Goat milk contains a large amount of cream resulting in a gentle, creamy, cleansing and conditioning soap.

**Vitamins** in goat milk include high amounts of vitamin A and lesser amounts of C, D, E, K and B1, B2, B3, B5, B6, B12, choline and folate.

**Minerals** in goat milk include calcium, copper, iron, magnesium, potassium, sodium, selenium and zinc.

Nutrition information from  
[nutritiondata.self.com](http://nutritiondata.self.com)

## Attributes of CALENDULA

- Mild antimicrobial and antiseptic properties discourage infection
- Promotes healing
- Reduces risk of scabs
- Relieves itchy dry skin
- Soothes irritation and rashes, including diaper rash, cradle cap, eczema

## Attributes of COMFREY

- Contains allantoin - a cell proliferator that repairs wounds
- Promotes healing of damaged tissue
- Soothes skin
- Strengthens skin



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## Attributes of LAVENDER

- Decreases inflammation
- Insect repellent
- Mild antimicrobial and antiseptic properties discourage infections
- Promotes healing
- Relieves itchy dry skin
- Soothes irritation and rashes including eczema

## Attributes of PLANTAIN

- Contain slippery mucilage -aides in drawing out toxins and splinters
- Decreases inflammation
- Promotes healing
- Soothes irritation, itching, rashes from bug bites, eczema and poison ivy

## Attributes of ROSE

- Aromatic volatile oils nourish and soothe
- Astringent properties tighten and tone tissue
- Conditions skin
- Promotes healing



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