

BRING A FRIEND DEAL

Sign up for any fall session and receive 2 passes to bring a friend for FREE to the first and/or second class

*Mention this ad when booking. Cannot be combined with any other offers, limited to one per household. Expires December 31, 2022.

Yoga for KIDS!! Not your typical yoga class, kids have FUN in classes designed specifically for them! Learning and practicing traditional yoga and mindfulness through music, games and activities for every age group. Classes offered for kids age 3-18.



202A 140 Maple Avenue SE Medicine Hat



secretgardenkidsyoga.ca



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SUMMER CAMPS SAVE 10%

Join us for summer FUN with kids yoga camp! Music, games, crafts and yoga all brought together in our kids camps. Movement and mindfulness brought into every aspect of the camp help kids build strength and confidence in both their bodies and their minds.

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