



Our team of personal trainers have the knowledge and experience to assist you in achieving your fitness goals. Brickhouse Gym is now offering a promotion for new and existing clients that purchase training sessions! Purchase select personal training packages and receive up to \$300.00 in FREE supplements with your purchase!

Visit: brickhousegym.ca/meet-our-team for more information on all our trainers.

104 King Edward St E, Winnipeg, MB
204-415-1570

418 Gertrude Ave, Winnipeg, MB
204-415-6572



BRICKHOUSEGYM.CA



RECEIVE UP TO
\$300 IN **FREE**
SUPPLEMENTS!

BOOK YOUR FREE CONSULTATION TODAY!

Limit for personal trainer promotion is one person.



BRICKHOUSE BOXING

- 24/7 Access to both Brickhouse locations
- Fundamental classes, sparring and youth boxing programs available
- Competition team. Represent Brickhouse Gym in the ring!
- Certified Boxing Club under Boxing Manitoba .

UNLIMITED BOXING CLASSES ONLY

\$85 /MTH

Private lessons available.

BRICKHOUSE

GYM **24/7**

Get back into the swing of things by joining our Boxing Fundamentals Program. Brickhouse Gym currently offers boxing programs at both our locations! Our Boxing Fundamentals Program will include all the techniques, conditioning and fun that you will need to get started in the sport of Boxing. Join our certified and experienced boxing coaches today!



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