



Clavis International Primary School

Montagne Ory, Moka, Mauritius

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The Clavis Chronicle

HAPPINESS AND WELLBEING

Dear Clavis Community,

We continue moving quickly forward with loads of amazing learning happening across all year levels, despite still having one or two isolating classes for a couple of days each week. There are now two weeks left until our Term 1 holiday starts, but this break does not mean your child needs to take a break from being active. In the next Chronicle (April 1), we will discuss the report cards (which will be available for download from ManageBac that day) and we will share some ideas to help keep our young minds active; however, we have information about a couple of options that you should be aware of now, including the Clavis Holiday Camp (page 6 and 7) and Epic!, a wonderful online virtual library your child can access (page 5).

We brought it up previously, but it is worth repeating: Under no circumstances, whether you are late for school or in a hurry to get to work, should anyone drive fast in our parking lot. People's safety is far more important than your schedule. Drive carefully and drive slow at school.



In keeping with safety, Clavis has started new safety practices with the school vans, including new requirements for attendance and collection points. While van use is a private contract outside of Clavis, we still expect that the drivers and attendants do everything to ensure the safety of each child in their care. The school must also do its part to ensure all students get safely on their respective vans.

The *Clavis Keep Fit!* project continues with the CrossFit activity, but get ready for many other events coming up. Check these out on page 4. Are you in?

On a final note, Sunday is the UN's [International Day of Happiness](#). Mental health and overall wellbeing is critically important, and is something that is too often overlooked or ignored. Happiness and living the Learner Profile, particularly being Balanced, Caring, and Reflective, contributes to and supports our wellbeing and the wellbeing of those around us. Learn more at [this site](#).

Happily,
Jeff

R. Jeffery Hart
Head of School
Clavis International Primary School
jeff.hart@cips.me



INSIDE THIS ISSUE

Stephanie Wan Bok Nale.....	2
School Shop Holiday Hours	2
Accounts / LBIS.....	2
Action in the PYP.....	3
Adopting-a-Pet	3
Clavis Keep Fit Updates	4
Epic! Virtual Library	5
Holiday Camp Programme.....	6
Holiday Camp Form.....	7

WHAT'S COMING UP?

- **1 April:** Term 1 Report Card available on ManageBac
- **4 April to 22 April:** Easter/ Term 1 holidays
- **30 April:** Community Walk
- **2 May:** Staff in-Service day (no school for students, Monday)
- **3 May:** National holiday (Eid al-Fitr—TBC)
- **3 June (Fri) to 7 June (Tues):** Mid-Term Break
- **25 July to 19 August:** Term 2 Holidays

Announcing the Passing of a Member of our Community: Stephanie Wan Bok Nale



It is with deep sadness and regret that we are announcing the devastating news that Stephanie Wan Bok Nale died yesterday morning. Stephanie succumbed to illness that she had been fighting for a couple of weeks in hospital. Many of you know Stephanie as the loving and caring mother of Elvin in Ms Manisha's Year 6 class. She was always amazingly supportive and involved in so many aspects across our school and Elvin's life at Clavis. She will be dearly missed by so many in our community.

Our collective hearts go out to Stephanie's family and friends. We will be ready to support and welcome back Elvin when the time is right. The funeral took place this morning.

WHAT ELSE DO YOU NEED TO KNOW AT CLAVIS?



School Shop Opening Hours During Term 1 Holidays

The school shop will be open on Thursday 21 and Friday 22 April from 09:00 to 14:00. Save time and shop online! To view and order your uniform items, please visit the online store on <https://www.stayhome.mu/en/store/Clavis/862793>. Please ensure that you have an appointment before visiting the school shop and bring your vaccination card (or negative PCR test result) and ID on your visit. Just a reminder, please bring your own bag to carry away any items purchased.

Being Up-to-Date and Standing Orders: The Accounts Department are appealing to parents to please check and make sure that all fees are now up to date and that standing orders are in place in your respective banks. Should you have any queries, do not hesitate to speak to Gail Rault in this regard.

School Van Riders: If your child is a regular school van rider but will not be taking the van for any reason one day, parents must contact the van driver to inform him or her. In addition, parents should also make the homeroom teacher aware. With new requirements for vans, they will not be able to leave from school until they have confirmation that a missing student is either not at school or they have made alternate arrangements for going home.

Year 6 Enrolment to LBIS: This has been said many times to parents in Year 6, both this year and a few times last year in Year 5. Transferring to LBIS is not automatic and is not a guaranteed acceptance. LBIS does have seats they hold for our Year 6 students but parents must apply for them and there cannot be any significant concerns that indicate that a student would struggle to meet the learning requirements in Form 1. If families do not complete the admission process in time or it is not completed properly, **your child will not be accepted.** From LBIS :

Admission to Form 1 2023 at Le Bocage International School

If you are considering enrolling your child at LBIS, please note that you must complete an application. The transition from Clavis to LBIS is not automatic. You must apply if you want to be part of our school community. The deadline for completing your application is 15 May 2022. You may begin your application at any time, via our online portal found on our school website and at this specific address: https://lebocage.openapply.com/parents/sign_up

Please take note that applications to Form 1 at LBIS can be done **before** Year 6 for the 2024 school year.

AN ESSENTIAL ELEMENT OF THE IB PYP: ACTION

There are 5 Essential Elements in the IB PYP. These are Concepts, Knowledge, Attitudes, Action and Skills. In this article we will explore **Action**.

Action is core to the PYP (Primary Years Programme) learning process. Through Action students create an awareness of what it is to be internationally minded and how one works together for a common purpose.

Through their learning, students take action in response to their inquiries, whether through a Unit of Inquiry or personal inquiries. Action is a way for students to demonstrate that they have linked their learning to real life issues.

Action comes in various forms, from tangible to less tangible. It also can be short or long term, revisited or ongoing. Action is meant to be authentic, significant, mindful, responsible and responsive.

Some examples of action are a change in attitude, a demonstration of responsibility, fund raising for supporting the community in need, raising awareness, finding solutions to identified problems, reflecting and making a change on factors which could influence environments and so on.

There are 2 types of action, *personal* and *collective*.

Personal action is usually something that is private but makes a difference in the life of a student or those surrounding him/her. For example, during the course of a Unit of Inquiry on well-being a student can decide to make an effort to be more healthy in their eating choices. This not only affects him directly but could also influence the other family members.

Collective action makes a difference not only in the life of a student but also the learning community and possibly beyond. This kind of action is initiated by students and supported by teachers and other members of the learning community. This type of action promotes collaboration, as members of the community need to work together to make things happen.

As a community (teachers, parents, etc.), we can support our students in different ways with action:

- Help students connect action to personal experiences
- Encourage students to reflect on how appropriate their action is and their impact
- Provide opportunities to students to develop skills to support action
- Collaborate with them
- Help them to consider service learning opportunities within their environment in response to a need, such as volunteering, etc.



Our Clavis staff are also very much involved in various kinds of action. While we should not be telling students what action they should take (that is up to them to decide), we can encourage and model taking action through our own initiatives. The first person we would like to highlight this week is our PYP Coordinator, Ms Nadine de Marasse Enouf. Nadine has run a small animal shelter out of her home where she has taken in strays and unwanted pets until she can find a loving family for them. It is not easy and can be depressing at times, as some of you know, but the end result is worth it. In the grand scheme of life, while these may seem like small things we can do in our world, finding a home for an animal in need means the world to them. If you are looking to adopt a new family member now or in the future, Nadine would love to talk to you (nadine.dmenouf@cips.me)! Right now, please meet Biscuit, who is around 5 or 6 months old and has lots of love to give to a new family. She is also very happy around other cats and dogs. Contact Nadine if you think Biscuit could be right for your family.

THE CLAVIS KEEP FIT! PROJECT

The Clavis Keep Fit! initiative (a series of monthly activities and events to promote active and healthy lifestyles directed at **everyone** in our community) continues with March's ongoing CrossFit activities. The webpage, as part of our [Distance Learning Portal](#), has all of the details for this activity.

With CrossFit, we want to see you activate and move every part of your body this month with a series of simple and fun movements everyone will be able to do almost anywhere. Mr Michael and Mr Aaron have put together a [video](#) to explain the challenge and all of the activities. Each time you complete all of the activities, we want you to add your information to the online form. That form is on the [Keep Fit page](#) or you can go directly to it [here](#). Good luck and have fun!

As you keep up with this, please be aware of some upcoming events both in school and out.

Yoga

For those few who are not aware of the benefits of yoga, both for as mindful reflection and as a physical exercise, it is a practice that can promote wonderful consequences. As a result, our PE department is planning on year-level activities (including staff!) taking place throughout the coming weeks in Year 2 to 6. Even just as these planned 10 minute sessions , they are enough to help in areas such as:

- **Emotional regulation**
- **Academic performance**
- **Reduced anxiety and tension**
- **Resilience to stress**
- **Fewer behaviour problems**
- **Physical well-being**
- **Teacher well-being and a more positive classroom climate**

([source](#))



Hopefully, these activities might turn into habits that will have long-lasting positive effects on our students and staff.

Community Walk

Save the date: Saturday 30th April, 2022.

Clavis Keep Fit project outing: Walk from Clavis to Malinga Village.

The hike to Le Pouce was a wonderful success but we want to see more of you out and joining us. Make sure you are free on this Saturday to later next month. There will be more information in upcoming Chronicles.

ARE YOU IN?

EPIC! VIRTUAL LIBRARY RESOURCE

This year we have been introducing our new virtual library called Epic! Epic! is a leading digital reading platform, built on a collection of 40,000+ popular, high-quality books from 250+ of the world's best publishers. This wonderful resource safely fuels curiosity and reading confidence for children 12-years-old and younger. Epic! is available and free for our students between 07:00 and 15:00, from Monday to Friday. While this is generally only accessible during school hours, it will be a great resource for you and our students also during the Term 1 holidays.

What should you do?

1. Go to www.getepic.com or download the app for you device
2. Click on STUDENTS AND EDUCATORS
3. Add your child's CLASS CODE (please see below or click [here](#))
4. Click on your child's name
5. Browse and choose any books to read or listen to



You will find both fiction and non-fiction books in English or French, as well as some stories in Chinese and Spanish. If you need any help, please contact Ms Virginie, one of our librarians, at virginie.autrey@cips.me.

CLASS	CLASS TEACHER'S NAME	EPIC CLASS CODE
Pre-Reception	Geraldine Abel	yrr5302
Pre-Reception	Melissa Kalee	rax8426
Pre-Reception	Martine Darga	ibs3519
Reception	Anais Sham	tpu4866
Reception	Deborah Houdet	ipt9805
Reception	Sharon Sirop	gru1617
Year 1	Mathilde Ernest	pgj2548
Year 1	Isabelle Pate	qje2774
Year 1	Bhanusha Mattadeen	beh2353
Year 2	Joshna Bhurtun	ttz0661
Year 2	Melita Seebooa	ukk9686
Year 2	Mira Mungur	dbl6522
Year 3	Amanda Appadu	wcd0749
Year 3	Neezlah Phutully	isq9777
Year 3	Sajeela Gowrisunkur	gic4329
Year 4	Daphne Chung Tin Wan	yzt8642
Year 4	Magali Offman	hhw6579
Year 4	Yaruna Khudarun	vhp3611
Year 5	Kim Burns	dx48898
Year 5	Pem Dilchand	sic2030
Year 5	Cindy Francois	ndl7314
Year 6	Armand Bronqueur	ejk3127
Year 6	Cheryl Blackburn	adw5304
Year 6	Manisha Sobha	yrm1320

JOIN US FOR THE CLAVIS HOLIDAY PROGRAMME

Open to students in Reception to Year 6

Price per day: **Rs1500** Time: **9:00am to 2:30pm**



Animators will be at school as from 8:00am. Please make sure it is an adult-to-adult handing over (not with the security officer). Pick-up and drop-off will be at the parking pavilion building.

Time	Monday 4 April <i>We got Talent!</i>	Tuesday 5 April <i>Traditional Mauritian Games</i>	Wednesday 6 April <i>A day out To Casela!</i>	Thursday 7 April <i>DAY CAMP</i>	Friday 8 April <i>Easter bunny on the move!</i>	Monday 11 April <i>EXPLORING THE NATURAL WORLD</i>	Tuesday 12 April <i>Who is in the space station?</i>
Get ready for more surprises on the different days!							
9:00-10:00		Gymnastics		Tabatha Session	Tabatha session	Tabatha session	Tabatha session
10:00-10:30	Creating our chef's hat and preparing our healthy snack bowl: choose from cheese sticks, grapes, mandarins, or nuts, as some examples	Lasik Game (game played with elastic band), Cook Kasiet (hide and seek)	Let's Explore Casela	Pitching a tent, challenging game carrying an injured person over 10m, Introduction to basic first aid	Bring your apron and a snack to share! Paper Easter Wreath, Easter Bunny candy jar (bring a small size jar)	OUR NATURAL WORLD Scavenger Hunt for natural colours during a Nature Walk: collect leaves, rocks, and twigs	International Day for Human Space Flight 12th of April - Get creative and disguise yourself as astronauts, robots, alien, etc.,
10:30-10:50	Break	Break		Break	Break	Break	Break
10:50-11:50	Childhood toys, craft maze design, caterpillar craft on leaf, I-spy bottle (bring a 0.5L plastic bottle), origami paper folding art, pencil holder craft	Pollocom, Casse-cote, Canette, la mok devine	Lunch included in package	Capture the Flag, Blind Trail in pairs	Let's get messy - Painting activity, Tinfoil Easter eggs	Collage, Stack the Rock (idea is to balance uniquely shaped rocks of various shapes and sizes into a stack), Map drawing	Crews on expedition in space
11:50-12:30	LUNCH: Toasted sandwich-cheese, chicken sausages & salad & dessert	LUNCH: Tri puri and curry (veg & non-veg) & dessert		LUNCH: Sweet and savoury pancakes & dessert	LUNCH: Dhol Puri & dessert	LUNCH: Wrap & dessert	Bring a snack to share, we'll provide the rest! LUNCH: Pizza & dessert
12:30-14:30	The Escape Game Show: Solve the Puzzle, Phrase Craze, Picture This, Code Breakers	Anou ecoute Zistwar morisien- Discovering Mauritian tales and legends		Labyrinth challenge, Pirates Game	Bunny-sided Easter basket, The Egg Hunt	Mountain treasure hunt	Let's Dance!

JOIN US FOR THE CLAVIS HOLIDAY PROGRAMME

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Price per day: **Rs1500** Time: **9:00am to 2:30pm**

Please complete the below form to accompany payment in a sealed envelope

Print and complete only this form to accompany payment in a sealed envelope

Name of child: _____ Class: _____

Food preference: ___ Vegetarian or ___ Non-Vegetarian (please tick as appropriate)

Emergency phone number: _____

Please share any allergies or health concerns: _____

In case of serious injuries, students will be taken to the nearest hospital/clinic. All COVID sanitary protocols remain in place, including temperature checks.

Tick check the appropriate days you wish your child to attend

Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th	Monday 11th	Tuesday 12th
<input type="checkbox"/>						

I enclose payment of Rs _____ (Rs1500 X # days) for _____ days

Name: _____

Signature: _____

Payment should be in **CASH** only. (No CHEQUE please). Please send this form along with the payment to one of the following members of the Clavis Holiday Team in a sealed envelope: Miss Corinne, Miss Martine, Miss Cindy, Miss Carole, Mr Michael, or Mr Aaron. A receipt will be sent to you in acknowledgement of payment. NO REFUND, as resources are already bought beforehand. If ever one day is missed, the child can come on another day 'in lieu' of refund but the teachers need to be informed as soon as possible.

Contact details of animators: Cindy: 54943022, Corinne:57511771, Aaron:57426349, Michael: 54960251

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