



# OKLAHOMA INSTITUTE

of

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## ALLERGY ASTHMA & IMMUNOLOGY

1810 E Memorial Rd. OKC, OK 73131~ 728 S Mustang Rd Yukon, OK 73099 ~ okallergy.com~ P: 405-607-4333 ~ F: 405-607-4404

If your appointment will involve allergy skin testing, please refrain from taking antihistamines for 5 full days before your visit because antihistamines will affect your test results. Antihistamines include:

### ANTIHISTAMINES:

ACTIFED  
AEROKIDS  
AH CHEW  
ALLEGRA/ALLEGRA D  
ANTIVERT  
ATARAX  
ATROHIST BROMPHED  
BROMPHENIRAMINE  
BROMPHED PD  
BROVEX  
CETIRIZINE  
CHLORTRIMETON  
CLARINEX/CLARINEX D  
CLARITIN/CLARITIN D  
CYPROHEPTADINE 10 days  
DALLERGY DIMETAPP  
DIPHENHYDROMINE  
DRIXORAL DURADRYL  
DURATAP  
DYTAN/DYTAN D ENDAL  
EXTENDRYL JR & SR  
FEXOFENADINE HISTEX  
HISTUSSIN HYDRAMINE  
HYDROXYZINE  
KRONOFED  
LEVOCETIRIZINE  
LORATADINE 10 days  
MECLIZINE NALDECON  
NALEX  
NOVHISTINE  
NYQUIL  
PALGIC  
PERIACTIN

### NASAL SPRAYS:

ASTELIN  
ASTEPRO  
AZELASTINE  
DYMISTA  
PATANASE  
OLOPATADINE

### REFLUX MEDICATIONS:

AXID  
CIMETADINE  
FAMOTADINE  
NIZATADINE  
PEPCID  
RANITADINE  
TAGAMET  
ZANTAC

### ANTINAUSEA MEDICATIONS:

COMPAZINE  
PHENERGAN  
PROMETHAZINE

### EYE DROPS:

ALAWAY  
ALOCRIL  
ELESTAT  
LIVOSTIN  
OPTICHROME  
OPTIVAR  
PATADAY  
PATANOL  
PAZEO  
ZADITOR

### DO NOT STOP THE FOLLOWING WITHOUT DOCTORS PERMISSION

### ANTIDEPRESSANTS:

AMITRYPTYLINE  
AMOXAMPINE  
CLOMIPRAMINE  
DESIPRAMINE  
DOXEPIN  
ELAVIL  
IMIPRAMINE  
NORPRAMIN  
NORTRIPTYLINE  
PAMELOR  
PROTRIPTYLINE  
SINEQUAN  
TOFRANIL

### OTHER:

CHLORPROMAZINE  
CLONIPIN  
CLONIDINE  
PARLODEL  
TOFRANIL (BED WETTING)  
THORAZINE

OK to continue taking the following medications:

### NASAL SPRAYS:

AFRIN  
ATROVENT  
BECONASE  
FLONASE  
FLUTICASONE  
NASOCORT  
NASONEX  
OMNARIS  
RHINOCORT  
VERAMYST  
QNASAL  
BUDESONIDE  
PULMICORT

### DERM DRUGS:

ELIDEL  
PROTOPIC  
STEROID CREAMS/OINTMENTS

### RESPIRATORY DRUGS:

ACCULATE  
ADVAIR  
ALBUTEROL  
ATROVENT  
DULERA  
FLOVENT  
PULMICORT  
PROAIR  
QVAR  
SINGULAIR  
SYMBICORT  
THEOPHYLINE  
VENTOLIN  
XOPENEX  
BUDESONIDE

### DECONGESTANTS:

DELYSUM  
DURATUSS  
DURAVENT  
ENTEX LA, PSE  
GUAIFENISEN  
HUMABID  
PHENYLEPRINE  
RESCON GG  
ROBUTUSSIN PD, DM  
SUDAFED/ SUDEFED PE  
TRIAMINIC YELLOW

### REFLUX MEDICATIONS:

ACIPHEX  
DEXILANT  
NEXIUM  
PREVACID  
PRILOSEC  
PROTONIX  
OMEPRAZOLE

BLOOD PRESSURE MEDS  
THYROID MEDS  
ADHD MEDS

**PLEASE CONTACT US AT  
405-607-4333 IF YOU ARE  
UNABLE TO STOP TAKING  
ANTIHISTAMINES OR HAVE  
FURTHER QUESTIONS  
ABOUT A MEDICATION.**

RESCON  
RONDEC  
RUTUSS  
RYNTANN  
SEMPREX  
SUDAL  
TAVIST  
TRIAMINIC  
TUSSIONEX  
TYLENOL ALLERGY  
TYLENOL COLD  
TYLENOL PM  
UNISOM SLEEP GELS  
VISTARIL  
XYZAL  
ZYRTEC/ZYRTEC D