



HOT LUNCH BOXES

Gammon Satay, Vermicilli Rice Noodles, Crunchy Vegetables & Soya Lime Dressing
Peanut, Sesame, Soya

Aubergine Satay, Vermicilli Rice Noodles, Crunchy Vegetables & Soya Lime Dressing
Peanut, Sesame, Soya

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Venison & Red Wine Sausage Hot Pot with Potato & Spring Vegetable Ragu
Gluten, Milk, Egg, Soya, Mustard, Celery, Sulphites, Alcohol

Mixed Bean & Lentil Hot Pot with Potato & Spring Vegetable Ragu
Milk, Celery

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Steamed Salmon, Braised Cabbage, Sea herb, Creamed Potato & Shallot White Wine Sauce
Fish, Milk, Sulphites, Alcohol

Mushroom & Chesnut Stroganoff, Braised Cabbage, Spinach & Creamed Potato
Milk

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Jerk Chicken Thigh, Mango & Pinneapple Salsa & Black Bean & Coriander Rice
Mustard, Soya, Celery

Jerk Tofu, Mango & Pinneapple Salsa & Black Bean & Coriander Rice
Mustard, Soya, Celery

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Slow Cooked Lamb Tagine, Mint Yogurt, Moroccan Couscous, Zatar Carrots & Pomegranate
Sulphites, Milk, Gluten, Nuts

Slow Cooked Red Pepper & Squash Tagine, Mint Soya Yogurt, Moroccan Couscous, Zatar Carrots & Pomegranate
Sulphites, Soya, Gluten, Nuts

Beef Ramen With Soba Noodles, Soft Boiled Egg, Bok Choy & Mushrooms
Sesame, Soya, Egg, Gluten, Celery

Tempeh Ramen With Soba Noodles, Soft Boiled Egg, Bok Choy & Mushrooms
Sesame, Soya, Egg, Gluten, Celery





COLD LUNCH BOXES

Grilled Beef Bavette Steak Buddha Bowl with tomato salsa, corn, black bean, crushed sweet potato & tahini dressing
Sesame, Mustard

Toasted Seeds, Chickpeas & Mixed Nut Buddha Bowl with tomato salsa, corn, black bean, crushed sweet potato & tahini dressing
Sesame, Mustard, Nuts

Honey and Harrisa Chicken Thigh, Chorizo, Roasted Red Pepper, Orzo & Rocket Salad
Mustard, Pork, Gluten

Edamame Beans, Toasted Seeds, Butter Beans, Roasted Red Pepper, Orzo & Rocket Salad
Mustard, Soya, Gluten

Teriyaki Tuna Tataki Salad with Pickled Vegetables, Plums, Sushi Rice & Coriander
Soya, Sesame, Fish, Egg, Mustard

Teriyaki Tofu Tataki Salad with Pickled Vegetables, Plums, Sushi Rice & Coriander
Soya, Sesame, Egg, Mustard

Shredded Lamb Shoulder, Minted Potatoes, Greek Salad & Feta
Milk, Mustard

Shredded Jack Fruit, Minted Potatoes, Greek Salad & Feta
Milk, Mustard, Soya

Parma Ham, Caprese Salad, Basil Pesto, Toasted Pinenuts & Fregola Pasta
Nuts, Gluten, Milk, Pork

Smoked Artichoke Hearts, Caprese Salad, Basil Pesto, Toasted Pinenuts & Fregola Pasta
Nuts, Gluten, Milk

