

Rockies 21 km – start outside the JHB Zoo Main gate on Upper Park

- Start** on Upper Park Drive
- 1 Left into Erlswold
 - 2 Right into Westwold
 - 3 Right into Lystanwold -around bend
 - 4 Left into Avonwold
 - 5 Right into Ashwold – 1st Right!
 - 6 Left into Englewold /Wells (same road)
 - 7 Left into Cotswold
 - 8 Right into Avonwold
 - 9 Right into Worcester
 - 10 Right into Bath /Saxonwold
 - 11 Left into Englewold at Circle (1st exit)
 - 12 Right into Beechwold
 - 13 Left into Methwold
 - 14 Right into Restanwold
 - 15 Go along Restanwold
 - 16 Left into Waltham
 - 17 Right into Darnaway
 - 18 Left into Valley / Rannoch – Still Darnaway
 - 19 Right into Sherwood
 - 20 Right into Cowie
 - 21 Right into Birnam
 22. Right into Upper Park
 - 22 Left into Erlswold
 - 2 Right into Westwold
 - 3 Right into Lystanwold -around bend
 - 4 Left into Avonwold
 - 5 Right into Ashwold – 1st Right!
 - 6 Left into Englewold /Wells (same road)
 - 7 Left into Cotswold
 - 8 Right into Avonwold
 - 9 Right into Worcester
 23. Left into Wells
 24. Left into Rutland
 25. Right into Dudley
 26. Left into Wells
 25. Right into Newport
 27. Right into Bolton
 28. Right into Bath
 29. Immediate left into Selby
 30. Left into Blandford
 31. Left into Ashford
 32. Right into Bath
 33. Right into Wantage
 34. Left in Blandford
 35. Left into Wells
 36. Right into Rutland
 37. Right into Bath
 - 11 Left into Englewold at Circle (1st exit)
 - 12 Right into Beechwold
 - 13 Left into Methwold
 - 14 Right into Restanwold
 - 15 Go along Restanwold

- 16 Left into Waltham
- 17 Right into Darnaway
- 18 Left into Valley / Rannoch – Still Darnaway
- 19 Right into Sherwood
- 20 Right into Cowie
- 21 Jump Birnam
22. Right into Eridge
- 22 Right into Etrick
23. Left into New Forrest
24. Left into Waltham
25. Left into Upper Park
26. Finish at the Main gate