Sandwich, Baguette & Wraps



£6 each

Menu

British Pastrami Gourmet Baguette Seeded baguette with mustard mayonnaise, rocket, pastrami & swiss cheese Lemon Chicken Wrap Grilled lemon chicken, paprika mayonnaise, baby gem wrap Roasted Gammon Focaccia Homemade focaccia bread filled with roasted gammon & Cajun coleslaw Tuna Mayonnaise Baguette Seeded baguette with tuna mayonnaise & cucumber Smoked Salmon Sandwich

Sliced white bread sandwich with smoked salmon, citrus crème cheese & rocket

Caprese Baguette V

White rustic baguette filled with basil pesto, mozzarella, heritage tomato & lettuce Grilled Vegetable Focaccia (Vegan) Homemade focaccia bread filled roasted vegetables, tagine paste, black olives & rocket

Rainbow Wrap (Vegan)

Tortilla wrap filled with crunchy veg, roasted butternut squash & avocado



Poke Bowls - £10



Chili Tuna

Sushi grade tuna, siracha & soya mayonnaise, sushi rice, pickled chili, avocado, cucumber & sesame

Allergens: fish, egg, soya, mustard, sesame

Citrus Salmon

Diced salmon dressed in a citrus & soya dressing, sticky rice, spaghetti vegetables & roasted peanuts

Allergens: fish, soya, sesame, peanuts

Teriyaki Tofu (Vegan)

Silken tofu marinated in teriyaki sauce and grilled, whole grain rice, red radish, avocado, red cabbage served with cucumber & spring onion

Allergens: soya, sesame



Meat Working Lunch Tray - £9.50 each



British Pastrami Gourmet Baguette, Potato Salad & Chicken Skewer available GF

Rustic sourdough baguette filled with pastrami, black pepper & mustard mayonnaise & swiss cheese

Served with classic potato salad & chicken satay skewers

Allergens: gluten (wheat), egg, mustard, milk, peanuts, soya, sesame

Lemon Chicken Wrap with Pasta Salad and Root Vegetable Crisps

Grilled lemon chicken, lemon glaze, paprika mayonnaise & baby gem wraps Served with aubergine & semi dried cherry tomato pasta salad with smoked almond pesto & root vegetable crisps

Allergens: gluten (wheat), egg, mustard, milk, nuts (smoked almond)

Roasted Gammon Focaccia with Orzo & Cocktail Sausages Soft focaccia bread filled with sliced gammon, coleslaw & Dijon mustard Served with orzo, olives & red pepper salad and honey & mustard roasted cocktail sausages Allergens: gluten (wheat), egg, mustard, pork





Tuna Mayonnaise Baguette with Pasta Salad and Root Vegetable Crisps

Tuna mayonaise with red onion, capers & lemon and cos lettuce in a crust white baguette

Served with aubergine & semi dried cherry tomato pasta salad with smoked almond pesto & root vegetable crisps

Allergens: gluten (wheat), egg, mustard, milk, nuts (smoked almond), fish

Smoked Salmon Sandwich with Potato Salad and Prawn Skewers \pounds , 1 supplement per person \mathfrak{C}^{∞} available GF

Fresh sliced granary bread with smoked salmon, citrus & harissa cream cheese & watercress

Served with classic potato salad & satay prawn skewers

Allergens: gluten (wheat), egg, mustard, milk, sesame, soya, peanuts, shellfish



Vegetarian/Vegan Working Lunch Tray - £9.50 each



Caprese Baguette with Orzo Salad and Beetroot Falafel Rustic baguette with sliced heritage tomato, buffalo mozzarella, basil pesto and rocket Served with orzo, olives & red pepper salad and beetroot falafel with tzatziki *Allergens: gluten (wheat), egg, mustard, milk*

Grilled Vegetable Focaccia with Spring Couscous and Basil Picos (Vegan) Soft focaccia bread stuffed with grilled vegetables with tagine spice & rocket Served with spring couscous salad, basil picos and hummus Allergens: gluten (wheat), sesame

Rainbow Wrap with Potato Salad and Root Vegetable Crisps (Vegan) Available gluten free

Tortilla wrap with pickled red cabbage, crushed avocado, red peppers, roasted butternut squash & cos lettuce

Served with potato salad with house dressing and root vegetable crisps

Allergens: gluten (wheat), mustard



Meat & Fish Cold Lunch Boxes - £8.50 each



Chicken Bruschetta Salad

sourdough croutons, mozzarella, roast chicken, tomato salsa & baby gem salad with basil pesto Allergens: gluten (wheat), milk

Roast Salmon & Quinoa Salad

Roast Scottish salmon fillet with white & black quinoa, roasted fennel, courgette & lemon Allergens: fish

Sesame Grilled Beef Bavette Rare grilled sliced beef steak with miso sweet potato, red chicory, radish, shallot & chimichurri *Allergens: soya, mustard, sesame*

Chargrilled Honey & Harissa Chicken Chargrilled Honey & Harissa free ranged chicken thigh with roasted pepper, chorizo, orzo & rocket salad *Allergens: gluten. pork*



Vegetarian Cold Lunch Boxes - £8.50 each



Tofu Budda Bowl (Vegan)

Grilled Tofu with wholegrain rice, sweet corn, avocado, diced peppers & tomato & roast sweet potato

Allergens: sesame, soya

Spiced Beetrout Falafel (Vegan)

Beetrout spiced falafel with fresh mint, homemade hummus & lemon & garlic flat breads with roasted vegetables

Allergens: sesame, gluten

Halloumi, Pomegranate & Rocket

vibrant grilled halloumi, peppery rocket, baby leaf spinach, grilled peach, caramelised walnuts & pomegranite

Allergens: milk, nuts (walnuts)



Desserts - £4.50 each





Lemon Custard Tart Sweet pastry tart with baked lemon custard served with fresh raspberries *Allergens: gluten, milk, egg*

Honey Combe Cheese Cake Vanilla cheese cake with digestive biscuits base, crunchy honeycomb and fresh blueberries *Allergens: milk, gluten*

> Chocolate Doughnuts Trio of freshly baked sugar doughnuts filled with chocolate custard *Allergens: milk, gluten, egg*

Elderflower Jelly & Mixed Berries (Vegan)

Elderflower jelly, mixed summer berries & citrus fruit segments

Allergens: N/A

